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SANIBEL & CAPTIVA ISLANDS, FLORIDA

SEPTEMBER 11, 2015

SEPTEMBER SUNRISE/SUNSET: 11 7:12 • 7:39 12 7:12 • 7:37 13 7:13 • 7:36 14 7:13 • 7:35 15 7:14 • 7:34 16 7:14 • 7:33 17 7:15 • 7:32

## Coastal Cleanup Returning September 19

by Jeff Lysiak

According to the Ocean Conservancy, it will take approximately three months for a wax milk carton to decompose in the water. A plastic bag will take between 10 and 20 years to break down, while a styrofoam cup will take up to 50 years to decompose.

Other decomposition rates of marine debris:

- Aluminum cans = 80 to 200 years
- Plastic beverage bottles = 450 years
- Monofilament fishing line = 600 years

As unsightly as it may be for people to see this garbage littering our beaches, imagine how the creatures living in the ocean feel about human-made waste.

Next Saturday, September 19, the Sanibel-Captiva Conservation Foundation (SCCF) invites island residents and visitors of all ages to participate in an international volunteer effort to rid our coastlines and waterways of marine litter, pollution



Boy Scout Troop 4 from Cape Coral had a picnic lunch on the Sanibel Causeway following last year's Coastal Cleanup. This year's cleanup will be held on September 19.

photo by Jeff Lysiak

and debris.

Last year in Lee County, Coastal Cleanup volunteers gathered 8,601 pounds of trash. Worldwide in 2014, more than 560,000 volunteers picked up 16 million pounds of refuse. Cigarettes and food wrappers topped the list of debris found, with plastic bottles coming in third.

On that day from 9 a.m. to noon, volunteers worldwide remove millions of pounds of coastal trash that can hurt local economies, injure and kill marine

wildlife and choke the ocean environment. SCCF's partner in the Ocean Conservancy's 29th annual Coastal Cleanup is Keep Lee County Beautiful.

According to Dee Serage-Century, SCCF's Landscaping For Wildlife educator and local Coastal Cleanup coordinator, between 150 and 200 volunteers took part in last year's effort. She is hoping just as many – if not more – people turn out for Saturday's cleanup.

"We're always looking for families

to come out with their kids, who can get some community service hours for school," said Serage-Century. We've got a lot of groups who have already been assigned their cleanup locations, too."

Friends, families, neighbors, co-workers and church groups are encouraged to come to the SCCF Nature Center, located at 3333 Sanibel-Captiva Road, on September 19 at 9 a.m. to check in and pick up their Coastal Cleanup data cards

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## Songwriter Fest Begins Next Week

The 2nd annual Island Hopper Songwriter Fest promises more talent, more free performances and more venues for music fans.

The line-up, which includes some of Nashville's biggest hit-makers, boasts more than 70 performers and 138 performances at 24 venues throughout the islands of Lee County.

Four headliners have been added to the 10-day festival including Kristian Bush, who built his reputation as one half of the multi-platinum, Grammy-winning country duo Sugarland. Other talents include Parmalee, a country/rock group made famous by its No. 1 smash *Carolina* and single *Musta Had A Good Time*. Jana Kramer, a country singer and actress on *One Tree Hill*, will sing her smash single *Why Ya Wanna*. LOCASH, with songs such as *Keep in Mind* and *Best Seat in the House*, will also perform.

"Island Hopper is an exciting festival that showcases great talent and a great destination," said Tamara Pigott, executive director of the Lee County Visitor &

Convention Bureau "It's a rare event that offers fans the chance to hear their favorite songs and meet the people who wrote them."

The festival kicks off September 17 with Kristian Bush in concert at South Seas Island Resort on Captiva Island. Downtown Fort Myers, which is new to the festival, will feature midweek performances. The festival closes the weekend of September 25 to 27 on Fort Myers Beach.

The festival features free performances, with the exception of \$15 tickets for Kristian Bush and Jana Kramer. Parmalee offers a free show, but tickets must be secured at the same link available to purchase tickets. All other shows do not need secured tickets. Seats are on a first-come basis until the venue is full.

Island Hopper is presented by the Lee County Visitor & Convention Bureau, iHeartMedia, Cat Country 107.1 and BMI, the largest music rights organization in the U.S.

Visit [www.islandhopperfest.com](http://www.islandhopperfest.com) for more information, to book tickets and view the list of artists, performance schedules and venues. Special Island Hopper lodging packages are also available.\*

## Free Wildlife Drive Access During 'Ding' Days

To celebrate National Wildlife Refuge Week, JN "Ding" Darling National Wildlife Refuge on Sanibel will open admission to Wildlife Drive for free to all traffic for two days during October's "Ding" Darling Days, and to only biking and hiking traffic on Friday, October 23. (The drive normally closes to all traffic on Fridays.)

On Sunday, October 18, the drive is open for free to all visitors during "Ding"

Days' kick-off Family Fun Day. In addition, Tarpon Bay Explorers – the refuge's recreation concession – will be offering free narrated 60-minute tram tours of the drive on a first-come basis to those who sign up that day.

If you've ever dreamed of exploring Wildlife Drive without the usual people and traffic that its birds and other sights attract, mark Friday's Trails Day on your calendar.

Besides hikers and bikers, special discounted tram tours are allowed on that day – the only Friday of the year public trams travel the drive.

Pedestrians and cyclists are admitted free of charge that day. Tram passengers

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## Boat Ramp Maintenance Advisory

On Wednesday, September 9, the City of Sanibel began maintenance work to the public boat ramp dock located at 888 Sextant Drive. The boat ramp will remain available for use during the construction period of September 9 through 18. Work will commence on one half of the dock while the other half remains open for use.

The public is reminded to use caution when utilizing the open portion of the boat ramp until construction is completed.

Contact the Public Works Department at 472-6397 if you have any questions regarding this project. \*





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Looking Back:

## Hattie Brainard And Island Children



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is Hattie Brainard (left) with her daughter-in-law, Mae Brainard, and several island children that Hattie perhaps delivered. Photo is circa early 1900s. Many photos like this (that capture the unique and diverse history of Captiva) are featured through graphic and video panels in the History Gallery, developed by the Captiva Island Historical Society. All ages are welcome to visit the History Gallery and learn about the combination of historical events and people that shaped Captiva.

photo archives of the Captiva Island Historical Society

## American Legion Post 123

On Sunday, September 13, American Legion Post 123 will serve BBQ ribs and chicken from 1 to 8 p.m. Cost is \$12 to \$14. The following Sunday, September 20, Post 123 will host a Fish Fry.

Every Wednesday through September, Post 123 will host a ping pong tournament beginning at 5 p.m.

Nine-ball pool tournaments are played every Monday starting at 5 p.m.

Tuesday's special is soft shell or deep fried tacos all day.

Hump Day specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

## Center 4 Life Maintenance Closure

The Center 4 Life will be closed from Monday, September 14 through Friday, September 18 in order to complete numerous maintenance projects. The facility will reopen on Monday, September 21.

Some of the projects will include improving the multipurpose room floor, deep cleaning and painting of facility. All of these projects have been scheduled during this time in an effort to minimize the inconvenience to our patrons.

The Sanibel Recreation Center offers more than 40 fitness classes each week which are included in your Sanibel Recreation Center membership.

The Center 4 Life is located at 2401 Library Way. For information about memberships and events, call 472-5743.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345.✱

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# Rotary Happenings

submitted by Shirley Jewell

Not quite the official end of summer yet, but it certainly is beginning to feel that way. Gearing up for season starts now.



Sanibel-Captiva Rotary has begun regular planning sessions regarding next February's Rotary Arts and Crafts Fair. The Rotary Club of Sanibel-Captiva Trust Foundation is engaged in selecting the projects and organizations our club will sponsor and support this Rotary year July 1, 2015 to June 30, 2016 and, of course, exploring new ideas regarding membership participation and fellowship opportunities. That all out on the drawing board, it was the perfect occasion to welcome our Rotary District #6960 Governor Cyndi Doragh – Rotary Club of South Fort Myers – to introduce herself to club members and focus in on a significant message from Rotary International President K.R. "Ravi" Ravindran-Rotary Club of Colombo, Sri Lanka. Each year, our Rotary International President selects a motto for their year of service leading over 1.2 million Rotarians around the globe and trying to focus on what Rotarians can



Rotary District #6960 Gov. Cyndi Doragh

accomplish by working on projects to better this world. President Ravindran's motto is Be A Gift To The World. What does that mean? Governor Doragh wants us all to take the motto personally. Ask yourself, "What gift do I have to give to Rotary?" Then, she pushed a little further stating, "Everyone is gifted in their own way, use your gift to help Rotary change lives. Our time on earth is finite; make the best of the time you are given."

Doragh gave us some simple examples of people that weren't sure of how they could contribute their talents to support Rotary causes. She had a friend who,

although not wealthy, was a fantastic cook. Her friend decided she would throw dinner parties and put a bowl on the table for donations to support the House of Friendship at Rotary International's annual conventions. That one gesture started a chain of events where people around the globe and restaurants followed her lead. Now, Rotary International's House of Friendship has become an essential and vital element at our annual conventions, a place where ideas are exchanged, information is distributed, and all sorts of goods are made available to attendees.

The House of Friendship is a gathering place for Rotarians around the globe to meet other Rotarians, observe their individual project goals, and form partnerships with other Rotary clubs to work on projects dealing with clean water, women and children's health issues, literacy, disease prevention and treatment, economic and community development, and peace and conflict resolution.

About two years ago, Sanibel-Captiva Rotary had a perfect example: Rotarian and Senior Pastor of Sanibel Community Church, John Danner, made a decision to celebrate his 60th birthday by challenging himself and riding his bike from Miami to Key West, and challenging his friends to sponsor that ride, with all proceeds going to Rotary's Wheelchair Foundation. These contributions were then matched by a very special private donor and Sanibel-Captiva Rotary. The total amount raised was \$20,000.

Another of Doragh's examples was about a woman she met at the Rotary International Convention in Brazil. The woman had brought a beautiful hand-crafted African folk doll with her. Why? When she visited Kenya, she was made aware of the fact that many women of the village she visited had to prostitute themselves to support their children. This Rotarian wanted to help these women change their lives. She taught them how to make folk dolls and now helps them sell those dolls around the globe.

"If you do nothing, there will be no result. If you do something, there is a chance." – Anonymous

Doragh has been a Rotarian for 21 years; she tells us she eats, sleeps and breathes Rotary. She admits, she has drunk the Kool Aid and it's not just her, it's her husband too, Immediate Past District #6960 Governor Pete Doragh. They are the first Rotary couple in the world that has served as Rotary District Governors back-to-back.

"Rotary has taught us how to serve. Rotary has taught us the Power of One. Rotary has taught us the power of a giving spirit, so recognize your gift, and use it toward making your time on earth meaningful."

Hallelujah, I believe, pass the Kool Aid.

*The Sanibel-Captiva Rotary meets at 7 a.m., Friday mornings at The Community House, 2173 Periwinkle Way. Guests are always welcomed.✧*

## Nursery And Preschool Care Coordinator Named At Church

Laurie Marshall joined the Family and Children ministry staff at Sanibel Community Church on August 31. Marshall is the new Nursery and Preschool Care Coordinator in charge of curriculum, training and oversight of volunteer teams in those areas. She is a certified teacher with experience in both elementary and early education.

A meet-and-greet gathering for Marshall will be held on Sunday, September 20 at 10:45 a.m. in the Fellowship Hall. Stop by and find out about this important ministry to our precious little ones.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✧



Laurie Marshall



## Teens Celebrate Night Of Joy At Disney World

Sanibel Community Church's H2O Student Ministries will be headed to Disney World's Magic Kingdom on Friday, September 11 through Sunday, September 13 for Night of Joy, Florida's biggest Christian music festival.

Appearing for two nights will be 15 of the most exciting bands in Christian rock, including Toby Mac, Mercy Me, Jeremy Camp, Colton Dixon, Big Daddy Weave, Francesca Battistelli, Rend Collective, I Am They, Josh Wilson, Skillet, Lecrae, for KING & COUNTRY, Mandisa, Matt Maher, Jamie Grace, 7eventh Time Down, and VERIDIA.

H2O Student Ministries is for sixth grade through 12th grade young men and women. H2O meets on Wednesday evenings from 5 to 7 p.m. for middle school students and from 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. All students are welcome to attend.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✧

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## Sanibel And Nearby Locales Featured In Cycling Team Video

**B**ike Bistro, a team sponsor of the 3,000-mile Race Across America (RAAM), is producing a Bean Team Cycling sponsorship video featuring the beautiful scenery of Sanibel. Punta Rassa and other nearby areas will also act as backdrops for the team's video. Race day is June 18, 2016.

"We are helping these riders raise money for the Wounded Warriors Project (WWP), the charity for which they are riding," said Steve Martin, owner of the neighborhood bike shop. "Race Across America is a wonderful platform for cyclists to raise charitable funds."

Racers raise an estimated \$2 million annually for various charities, according to RAAM organizers. The Wounded Warriors Project is a non-profit organization providing unique, direct programs to meet the needs of injured service members. WWP takes a holistic approach when serving warriors and their families, nurturing the mind and body, as well as encouraging economic empowerment and engagement.

WWP had nearly 58,000 registered warriors as of September 2014, a number that nearly doubled from the previous year. Its Project Odyssey, designed to provide coping skills for post-traumatic stress disorder, had an 85 percent satisfaction rate among registered warriors. The physical health and wellness program



Bean Team Cycling

encouraged 85.7 percent of warriors to seek out other recreational opportunities within their communities.

"There have been many wounded soldiers take part in RAAM throughout the years," said Martin. "We felt it was only fitting for the Bean Team to support the Wounded Warriors Project."

RAAM is a race with 170,000 feet of climbing in an arduous ride from Oceanside, California to Annapolis, Maryland. It began in 1982 with four men who raced from California to New York and drew astonishing media attention. These four RAAM pioneers – John Marano, Bob Holdeman, John Howard and Michael Shermer – raced like men possessed and for reasons they could not measure, not for a cereal box cover or a dime of prize money.

Ultra cycling was born that day, an original brand of extreme sports. In 1992, team relay races were added to the schedule for reasonably fit racers to compete in the most difficult endurance race in America. Organizers say there is no other event in the world that tests an individual and a team the way RAAM does.

Last year, 340 racers (58 solo riders and 60 teams) competed with the backup of 1,000 crew members. Bean Team Cycling will encounter a course that includes what is known as the glass elevator, a 3,000-foot descent into the desert town of Borrego Springs, California. Martin says it's going to be a tough ride, but it's all for a worthy cause.

Stay tuned for the sponsorship video and learn more at Bean Team Cycling on Facebook.✧

From page 1

## Free Access

receive a 25 percent discount Friday and all week long, October 18 to 24: \$9.75 for adults, \$6 for children for the 90-minute narrated tour. Reservations are recommended by calling 472-8900 for Monday through Saturday of "Ding" Days.

Admission to Wildlife Drive is free for vehicular as well as bike and foot traffic the following day, Saturday, October 24 – Conservation Art Day, when plein-air artists will be painting along the drive. Arrive early to sign up for the free two-hour Photography Tram Tour that departs at 3 p.m.

Wildlife Drive is open daily from 7:30 a.m. to 6:30 p.m. during "Ding" Darling Days. Friday, it is closed to all private motorized traffic.

For Tarpon Bay Tram Tour schedules throughout the week, call 472-8900 or visit [www.tarponbayexplorers.com](http://www.tarponbayexplorers.com). For a full "Ding" Darling Days schedule, visit [www.dingdarlingdays.com](http://www.dingdarlingdays.com) or call 472-1100.

"Ding" Darling Wildlife Society-Friends of the Refuge sponsors "Ding" Darling Days with support from TBE, the U.S. Fish & Wildlife Service, and other private and business partners.

The following businesses and individuals support the 26th annual "Ding" Darling Days. Roseate Spoonbill Sponsors: Doc's Ford Sanibel Rum Bar & Grille; Great Egret Sponsors: Wayne and Linda Boyd, George & Wendy's Seafood Grille; Great Blue Heron Sponsors: 97.7 Latino & Juan Radio, Arthur Printing, Bailey's General Store, Mike and Terry Baldwin, Bank of the Islands, *Island Sun*, Jensen's on the Gulf and Marina & Cottages, Jerry's Foods, Mitchell's Sand Castles & Forty/Fifteen Resorts, Ocean's Reach



Bike, hike or tram the refuge on October 23, and have Wildlife Drive virtually all to yourself

Condominiums, Sanibel Captiva Community Bank, Sanibel Moorings, Spotlight Graphics, Sanibel-Captiva Beach Resorts, Jim and Patty Sprankle; Reddish Egret Sponsors: Sarah Ashton and Jim Metzler, Big Red Q Quickprint, Casa Ybel Resort, Sally and Rich Ennis, *Florida Weekly*, Glen and Phyllis Gresham, Gulf Breeze Cottages, Painting With A Twist, Ed and Lynn Riddlehoover, Sanibel-Captiva Kiwanis Club, Stewart and Sons Insurance, Inc., West Wind Inn; Snowy Egret Sponsors: Barefoot Charley's Painting Co., John Brennan, Butterfly Estates, The Cedar Chest Fine Jewelry, Charlotte Harbor National Estuary Program (CHNEP), Jerry Edelman and Maryanne Daly, Grounds by Green Ways, Dave Horton, Island Therapy Center, Over Easy Café, Sallie Rich, Sanibel Art & Frame, She Sells Sea Shells, Winston and Barbara Spurgeon, Suncatchers' Dream, Tents 'n' Events.

To support DDWS and the refuge with a tax-deductible gift, visit [www.dingdarlingsociety.org](http://www.dingdarlingsociety.org) or contact Birgie Miller at 292-0566, 472-1100 ext. 4 or [dingdarlingsociety@gmail.com](mailto:dingdarlingsociety@gmail.com).✧

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## Pastor Continues 10,000 Questions Challenge



Senior Pastor Dr. Daryl Donovan at the Carpenter's Café and Bookstore

Recently, on Wednesday evenings, from 6 to 8 p.m., Dr. Daryl Donovan, senior pastor of Sanibel Community Church, invited residents and visitors to come for coffee and questions. They came, and they had many questions to ask. Gathering at the Carpenter's Café on the campus of the church, Pastor

Daryl fielded questions that come his way. From time to time, he could call on "Siri" to assist, or phone a friend.

Sessions are still going on this month at the Carpenter's Café on Wednesday evenings. Soup, sandwiches and specialty coffees are available beginning at 5 p.m.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). The café is located on the north side of the campus. For more information, call 472-2684 or [www.sanibel-church.com](http://www.sanibel-church.com).

## New Studies To Begin At Church

Beginning Monday evening, October 5 and running through Monday, December 14, Sanibel Community Church will sponsor two life-transforming studies on their church campus at 1740 Periwinkle Way. The evening begins with a potluck supper at 6 p.m., followed by the option of two dynamic video courses.

*Experiencing God* by Henry Blackaby, a study on how to know and do the will of God, and *Bait of Satan* by John Bever, a course on how to handle offenses will be the options for participants. Following a short video, there will be small group discussion time. Everything wraps up around 8 p.m.

The courses are free and open to the public. All are welcome to attend. Purchase of the book that accompanies each course is optional.

Sanibel Community Church is a multi-denominational evangelical congregation

that has been serving Sanibel and Captiva for over 100 years. For more information, visit [www.sanibelchurch.com](http://www.sanibelchurch.com) or call 472-2684.

Read us online at [IslandSunNews.com](http://IslandSunNews.com)

## Make Some New Friends At Summit Christian Preschool



Emma Noggle and Gretta Livermon enjoy swinging

Friends already, 4-year-olds Emma Noggle and Gretta Livermon enjoy swinging at Summit Christian Preschool at Sanibel Community Church, 1740 Periwinkle Way (next to Jerry's Market). There are still a few spots left to sign up for this year's VPK class, which meets Monday through Thursday from 8:30 a.m. until 12:30 p.m., with extended care until 2 p.m.

For more information, or to register your child in classes, contact Kathy Stanley at Summit Christian School at 452-5200.

## Helping Neighbors: Bailey's Throws FISH A Lifeline

At FISH of SanCap, many clients are faced with the decision of paying medical bills versus electricity or rent, or putting food on the table.

Through a partnership with and funding from the Zonta Foundation of Southwest Florida, FISH may be able to assist with certain medical bills for qualified clients.

One particular client, a single mother of two children, was a recipient of such assistance. This mom was struggling financially while trying to stabilize a household crisis. She often felt tired and weak with strong and severe headaches.

During a medical exam, stress tests revealed a possible stroke, which required further testing. Using funding from the Zonta grant, FISH was able to assist by helping to pay for additional testing and

continuing care. In a follow up counseling session, FISH learned that she is feeling better and working through her medical condition.

"I wish to express my heartfelt gratitude for your help in financing my health," she said. "This assistance is for me and my children a bright ray of light representing good and caring people – those who work and volunteer at FISH – who are attentive to the difficulties of others. This financial aid helps my family greatly. Now that my health condition is under control, I feel I am better able to manage my household and provide for the needs of our family."

All financial assistance clients must first go through a detailed client intake and provide certain financial documentation to FISH. Each client is evaluated privately, on an individual and per instance basis. There is no guarantee of financial assistance from FISH.

To learn more about the FISH Helping Hands program, contact Christine Swiersz or Jessi Zeigler at 472-4775. For additional information, visit [www.fishofsancap.org](http://www.fishofsancap.org).

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## Medicare Open Enrollment Session At FISH

Due to circumstance beyond their control, the FISH of SanCap sponsored Medicare Open Enrollment Information Session date has been changed to Wednesday, September 16 from 10 to 11:30 a.m. at the FISH Walk-In Center, 2430 Periwinkle Way.

A SHINE Outreach Specialist, in conjunction with Area Agency on Aging

for SWFL, will present information on the open enrollment period and what you need to know about Medicare healthcare plans. By attending this workshop, participants can review plan changes while deciding on their Medicare coverage for 2016. No appointment is necessary, however, pre-registration is recommended. All information is kept confidential.

For additional information on this valuable information session, contact Christine Swiersz, LCSW, or Jessi Zeigler, MSW, at 472-4775. For additional information, visit [www.fishofsancap.org](http://www.fishofsancap.org).



## New SRO At The Sanibel School

by Jeff Lysiak

During all of the eight-and-a-half years that Chris Dowaliby has served with the Sanibel Police Department, he's patrolled the island's streets. But over the past few weeks, Dowaliby is getting used to a different beat: patrolling the hallways, classrooms and grounds of The Sanibel School.

"When I was working the road patrol, I got used to working 12-hour shifts, and three days on, two days off," said Dowaliby, a 31-year-old native of Fort Myers. "Now, I'm working five days a week, with weekends and holidays off. And it's definitely different interacting with kids instead of adults all of the time. But it's been great so far."

Dowaliby, in his first year as the school resource officer (SRO), previously filled in at The Sanibel School for former SRO John Jakubowski, who returned to patrol duties with the Sanibel Police Department.

"Last year when I covered for John, I got to know the school staff and teachers pretty well," said Dowaliby, who applied for the SRO position last year. "Over the summer, I went to SRO school and learned how to talk with kids and how to teach a class."

According to Dowaliby, he spends an hour every Monday teaching kindergarten through fifth grade students about safety, eating healthy, peer pressure and making good decisions.

One of the people who inspired Dowaliby to become a police officer in the first place was Bob Sneddon, a SRO for the school he attended as a youngster in Fort Myers.

"(Sneddon) was stern in his decisions, but at the same time he was very friendly,



School Resource Officer Chris Dowaliby joined The Sanibel School staff last month

photo by Jeff Lysiak

approachable and charismatic," recalled Dowaliby. "He definitely kept me on a good path."

Now that he is serving as an SRO himself, Dowaliby said that he hopes to bring that same sense of friendliness and approachability to his position at The Sanibel School.

"I want to have fun but be serious at the same time," he explained. "I've told the kids that my door is always open. If something is bothering them or they have a problem, they can always stop to talk with me and I'll listen."

Dowaliby also noted that one of the early challenges on his new job is getting to know all of the new faces at the school.

"I'm still learning the names of the students and the staff," he added with a smile. "But I'm very excited for the opportunity to be out here."✱

Ron Base

5. *The Luminaries* by Eleanor Catton
6. *Moby Dick* by Herman Melville
7. *The Husband's Secret* by Liane Moriarty

Moriarty

8. *Yes Please* by Amy Poehler
9. *One More Thing* by B.J. Novak
10. *Deep Blue Good-By* by John D. MacDonald

Courtesy of Sanibel Island Bookshop✱

## Top Ten Books On The Island

1. *Ten Days In Paradise* by Linda Abbott
2. *Spirals In Time* by Helen Scales
3. *The Hound of the Sanibel Sunset Detective* by Ron Base
4. *The Sanibel Sunset Detective* by

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## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rainbolt@crowclinic.org](mailto:rainbolt@crowclinic.org) or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, September 11**, CROW's Visitor Education Center is closed for fall cleaning.

**Monday, September 14, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Tuesday, September 15, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Birds of Prey, presented by CROW staff.

Raptors are predators whose specialized beaks and talons make them some of the most effective hunters, and Florida is home to both native and migratory spe-

cies. Join CROW's staff to learn more about these majestic birds and how their injuries or illnesses are treated at the hospital.

**Wednesday, September 16, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

**Thursday, September 17, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will explain why they are admitted how the medical staff treats this species.

**Friday, September 18, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.✱

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Carolyn Conant, Bill Tanner, Maddie Stewart and Dan Adair



Rusty Farst and Teresa Stoddard

## Community Foundation Hosts Film Premiere

The Southwest Florida Community Foundation recently hosted a showing of the short documentary film *Happy Trails* for its friends and community supporters, followed by a Q&A with the film's director.

*Happy Trails*, directed by Rusty Farst, is a documentary film about the journey of Trailways Camp, a camping experience for adults with special needs, and its founders Jerry and Sharon Miller, Sanibel residents and founders of the Robert V. and Benjamin G. Miller Fund at the Southwest Florida Community Foundation.

The film will make its Sanibel premiere on Thursday, September 24 at Sanibel Community Church, located at 1740 Periwinkle Way. A reception will be held from 4:30 to 5 p.m., followed by the video presentation at 5 p.m. and an interview with *Happy Trails* director at 5:30 p.m.

Seating is limited, and reservations are required. To RSVP, contact Andrea McKiddie at [AMcKiddie@floridacommunity.com](mailto:AMcKiddie@floridacommunity.com) or call 274-5900.

As leaders, conveners, grant makers and concierges of philanthropy, the Southwest Florida Community Foundation is a foundation built on community leadership with an inspired history of fos-



Howard Leland and Jerry Miller



Sarah Owen and Rusty Farst

tering regional change for the common good in Lee, Collier, Charlotte, Hendry and Glades counties. The Community Foundation, founded in 1976, connects donors and their philanthropic aspirations with evolving community needs. With assets of more than \$80 million, the Community Foundation has provided more than \$61.2 million in grants and scholarships to the communities it serves. Last year, it granted more than \$2.9 million to nonprofit organizations supporting education, animal welfare, arts, healthcare and human services. It also granted \$782,000 in nonprofit grants including more than \$551,000 in regional community impact grants and additional \$450,000 in scholarship grants.

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit [www.floridacommunity.com](http://www.floridacommunity.com).✧



Dawn-Marie Driscoll, Roddy Woodward and Honey Costa



Myra Walters, Blake Hampton and Kimby Hegwood



Carolyn Johnson, Carolyn Rogers and Carolyn Conant



Kirk Williams and Susan Hebbel



Jesmarie Roldan and Diana Gonzalez



# The Community House



**Chef Melissa Talmage**

## What's Cooking

The next Potluck at The Community House will be held on Wednesday, September 23 at 6 p.m. Attendees will learn how to prepare a beautifully presented, palate pleasing three-course dinner with minimal prep time when chef Melissa Talmage reveals her professional secrets.

Islanders know Talmage as the executive chef of Sweet Melissa's Café. Her resume is impressive, with training at Manhattan's French Culinary Institute, followed by experience in the kitchens of some of the most respected restaurants in the United States including Union Cafe in New York City and Commander's Palace in New Orleans. Hurricane Katrina brought Talmage to Sanibel 10 years ago. This September lull (hopefully without hurricanes) allows her time to get out of the kitchen and share her techniques with community foodies. Attendees will get to sample her creations.

Bring your favorite appetizer, salad, entrée or dessert, enough to serve six. It is BYOB, with water and tea supplied. Socialize with islanders, welcome new members and friends, share a meal and learn some great cooking techniques.

This is also an opportunity to hear more about the House Kitchen Guild, a new Community House group that brings together people with all types of food interests. Cooking, canning, growing, meal planning, entertaining, wine and spirits, and nutritional education are some of the ideas that are being discussed as possible directions for future presentations. An overview of the plans for redevelopment of The Community House will also be on view, slated for the summer of 2016. One of the primary goals of the remodel is to install a large commercial kitchen.

This is a free event but reservations are appreciated for planning purposes. Call 472-2155. Watch for this ongoing What's Cooking column for future happenings, recipes and other updates.

## Drawing On The Right Side Of The Brain



Enhance creativity and artistic confidence through thought and perception with a six-session course on drawing. Cost is \$150 for members, \$180 for guests. Monday session dates are September 28, October 5, 12, 19 and 26 and November 2 from 10:30 a.m. to 12:30 p.m.

These basic level drawing exercises are intended for a beginner in drawing, however, the true subject is perception. Bringing the right brain hemisphere functions into focus and learning how to "see" in new ways, the student will discover how to transfer perceptual skills to thinking and problem solving.

Michelle Doss Irvine, the instructor, has her bachelor of fine arts degree in graphic design from Auburn University. She also teaches at the Alliance for the Arts and Vino's Picasso. She said, "I am really looking forward to teaching this course on Sanibel."

The course is open intermediate and advanced artists as well. Materials needed: sketchpad, pencils and eraser. Wear comfortable clothing. Pre-payment and registration are required by calling 472-2155. You can also sign up and pay on the website at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net). A full refund will be issued if cancelled within 72 hours of the first class. A minimum number of students is required.

*The Community House is at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.*

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# Tommy Bahama

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Jean Baer, left, and Betsy Ventura are getting ready for their eighth season of operating the Sanibel Island Farmer's Market, which opens on October 4

photo by Jeff Lysiak

## Farmer's Market Prepares For New Season

by Jeff Lysiak

The Sanibel Island Farmer's Market, one of the most popular weekly outdoor activities for local and visiting foodies, will soon return to the grounds of Sanibel City Hall. Islanders Jean Baer and Betsy Ventura, who established the market back in 2008, are looking forward to a bigger and better season over the next six months.

"When we started, we had about 25 vendors over at Tahitian Gardens," recalled Ventura. "That first season was sort of a trial, to see if people would come. Now, it's busy almost every Sunday, with approximately 50 vendors coming to the island every week."

Along with locally-grown produce and flowers, vendors sell homemade breads, soups, pasta, jams and jellies, locally-harvested honey, seafood, meats, cheeses and many other products – including arts and craft items, soaps and handmade goods – that create a well-rounded, enjoyable Sunday outing for everyone in the family, including well behaved dogs.

"We're opening this year on the first Sunday in October," added Baer. "Several locals asked us if we could start the market a month earlier. We're happy to help anybody who wants to eat, shop and buy locally."

Opening for the season on Sunday, October 4 and continuing weekly – from 8 a.m. until 1 p.m. every Sunday – through April 24, the Sanibel Island Farmer's Market features several long-time supporters of Baer and Ventura's

vision for their fresh marketplace. They include Gallego Farms, who won the 2014-14 People's Choice Award at the market; Bromeliads by Judy Hicks; Dancing Dragonflies Soap; Dynasty Guacamole; and Ralph's Island Seafood, representing generations of local fishermen.

A number of new vendors will be joining the entourage, including Among The Flowers, who will be selling organic desserts and raw vegan dishes; Bones Brothers BBQ, operated by Todd Noon; The Cake Lady; Pine Island Botanicals, offering organically-grown mushrooms; Green Tea, which specializes in green watermelon-infused iced tea; Sweet Odin's Danish Bakery from Naples, featuring freshly-made kringle; Tammy's Sammy, selling gourmet sandwiches;

Pete's Cheeses, which sells locally-made mozzarella; and Pieces Seafood Salads, offering several varieties of ceviche.

"I get a real kick out of talking with people who visit us every week, like the lady who told me that her 6-year-old won't stop talking about shopping at the farmer's market," said Ventura. "We're excited to be back and I'm ready to get started on another season."

Both Ventura and Baer encourage people who plan on attending the farmer's market to bring their own bags (to lessen the burden on vendors and keep their costs down) and to carry small bills with them, although some vendors do accept credit cards.

Parking is located in the lots at Sanibel City Hall, Sanibel Public Library, BIG

ARTS and The Herb Strauss Theater. Bicycles can be parked at the designated area at Sanibel City Hall. Handicap parking is at city hall, located at 800 Dunlop Road.

"The foot traffic increases every year, and we have to thank the Sanibel-Captiva Chamber of Commerce and the local hotels who hand out our flyers and encourage people to visit the farmer's market," added Baer, who noted that a different island non-profit organization will be featured each week. "The city staff has been great to work with, too."

In addition to the Sanibel Island Farmer's Markets, Local Roots operates several other markets throughout Lee County, including:

- Fenway South  
November 4 to March 30  
Wednesdays, 9 a.m. to 1 p.m.  
Jet Blue Stadium  
11500 Fenway South Drive  
Fort Myers
- Coconut Point  
October 1 to April 28  
Thursdays, 9 a.m. to 1 p.m.  
Coconut Point Mall  
23106 Fashion Drive  
Estero
- Lakes Park  
October 2 to April 29  
Fridays, 9 a.m. to 1 p.m.  
Lakes Regional Park  
7300 Gladiolus Drive  
Fort Myers
- Bonita Springs  
October 3 to April 30  
Saturdays, 8 a.m. to noon  
The Promenade  
26795 South Bay Drive  
Bonita Springs
- FSW Campus  
October 3 to April 30  
Saturdays, 9 a.m. to 1 p.m.  
Florida Southwestern  
8099 College Parkway  
Fort Myers

For additional information on Local

Roots Farmer's Markets, visit BuyLocal-

Lee.com. For more details on the Sanibel

Island Farmer's Market, visit Facebook.

com/SanibelIslandFarmersMarket.\*

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## OBITUARY



## DELORES GENE ROEPSTORFF

**D**elores Gene Roepstorff peacefully passed away under the gentle care of Vitas Hospice on August 30, 2015, and on that date was welcomed into heaven by her lord and savior Jesus Christ.

Delores was born in McPherson, Kansas on November 6, 1926 and is preceded in death by her parents, Eugene Hill and Lois Koffel. The daughter of a pilot, Delores learned to fly at an early age and always had a spirit for adventure.

Delores attended high school in Knox, Indiana where she met and later married her husband, Alfred, with whom she recently celebrated 64 years of marriage.

In support of her husband's career, Delores moved to Sebring, Florida in 1962. Remaining in Florida, they later

lived on Marco Island and Sanibel Island before retiring to Lake Placid and most recently back to Sebring, where their Florida journey began. Throughout these Florida moves, Delores helped start the Sebring Garden Club and was involved with the Highlands Art League. Delores, along with her husband, was a Charter Member of Marco Lutheran Church and held weekly devotionals in her home. On Sanibel, Delores was an active volunteer for the Clinic for the Rehabilitation of Wildlife (CROW).

Delores loved animals, the outdoors and being "First Mate" to her husband and their boat, *Loaner*, on which they enjoyed many adventures to the Tortugas, Bahamas and Exuma Islands.

There was nothing in life Delores loved more than her family and close family friends. All will miss her smile, laughter, compassion and most of all her love.

Delores is survived by her loving husband, Alfred W. Roepstorff, children Martin (Betty), Alandee Delp (David), Geoffrey (Robbie) and Santford (Renee); four grandchildren, Damon Delp, Dorian Delp (Carol), Keira Boyd (John) and Matthew Roepstorff; along with four great grandchildren.

The family would like to thank Pastor Jon Zehnder and the Saint Michael Lutheran Congregation in Fort Myers for their prayers and family support, and Pastor Ted Weurffel of St. Louis, Missouri for his visit and longtime friendship.

The family would like to especially thank Pastor Rob Maulella of Faith Lutheran Church for his faithful visits and to him and the congregation for their many prayers.

In lieu of flowers, donations can be made in Delores' memory to Faith Lutheran Church, 2740 Lakeview Drive, Sebring, FL 33870. A small family service at the church is being planned.✽

## OBITUARY



## ELEANOR MARGARET RENDE

**A**fter a hard 10-month battle fighting COPD and cancer with her strong Viking spirit, Eleanor "Ellie" Margaret Rende was peacefully placed into God's loving care on September 5, 2015. Thoughts, kindness and prayers from her family and friends made her heavy burden a little lighter. Ellie had that rare warmth of personality and beauty of character that left a lasting impression upon all who knew her. She always stood by and loved her family and friends. She was a professional volunteer for over 63 years, giving freely of her time, and often. She

was a daily communicant of her church in Larchmont, New York before moving to Sanibel in 1994. She is survived by her loving husband Carmine of 55 years, son Steven (Jill) of Dallas, Texas, daughter Carolyn (Dan) of Winnetka, Illinois and grandchildren Staci, Kevin, Andrew and Keira. She will be greatly missed.

A memorial mass was held on Wednesday, September 9 at St. Columbkille Catholic Church. A celebration of Ellie's life will take place on the beach on Sanibel on Saturday, November 28, 2015; time to be announced.

Ellie truly loved living in Sanibel. In lieu of flowers, you may make a donation to FISH of San-Cap or SCCF.

Condolences to the family may be offered at [www.harvey-engelhardt.com](http://www.harvey-engelhardt.com).✽

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Kindergartner Brooks Selby and Nola Kilgore, the music lady, express their excitement

## LOGOS Program Coming Soon

It's almost time to start up the LOGOS weekly family program at Sanibel Community Church. This is for all families who have kids ages 3 years old through fifth grade. Each week is centered around a theme and includes games, music, crafts, lesson and a family style dinner. Bubble Up Night is the kickoff night on Wednesday, October 7. Registration begins at 3:30 p.m. with all other activities from 3:45 to 7 p.m. at Sanibel Community Church, 1740 Periwinkle Way. For more information, contact Kathy Cramer at 472-2684.✧

## New Study Of James To Begin



Crowd during a Letter of James gathering

Pastor Daryl Donovan of the Sanibel Community Church will be leading a verse by verse study of the Letter of James each Thursday at noon, beginning on October 8 and running through Thanksgiving. Sessions begin at noon, with a grab-and-go lunch available at the Carpenter's Café on the church campus; participants may also bring their own brown bag lunch. The course is free and open to all. Sanibel Community Church is a multi-denominational evangelical congregation meeting located at 1740 Periwinkle Way (next to Jerry's Market). For more information, visit [www.sanibelchurch.com](http://www.sanibelchurch.com) or call 472-2684.✧

## Churches/Temples

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**BAT YAM-TEMPLE OF THE ISLANDS:**  
The Reform Congregation of Bat Yam  
Temple of the Islands meets for Friday  
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Hall of the Sanibel Congregational United  
Church of Christ, 2050 Periwinkle Way.  
Rabbi Myra Soifer. For information call  
President Martin Pokedoff at 239-395-2544.

**CAPTIVA CHAPEL BY THE SEA:**  
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Way at 5 p.m. A pot luck is held at a mem-  
ber's home on the third Sunday of each  
month. For more information call 433-4901  
or email [ryi39@aol.com](mailto:ryi39@aol.com).✧

# HORTOONS



Fort Myers Art:

# Lucas Century Etchings And Murals



by Tom Hall

**A**mong the works included in Florida Gulf Coast University's public art collection are a number of etchings and murals by Sanibel artist Lucas Century. "Luc Century's discipline-spe-

cific recognition walls add a refinement and process appropriate to a university," said Senior Director of Advancement Judie Cassidy, who has worked with Century on the five installations he has created at FGCU. "In the conceptual process, he encourages donor involvement and blends their ideas with his own. The resulting installations are cerebral, precise and spectacular."

Century enjoys the largest presence by a single artist on campus, with works in five different buildings at Florida Gulf Coast University. Specifically, Century is responsible for:

- Etched tiles titled *The Elements of Machinery* and *Give Me a Place to Stand* installed by Century in 2009 in the first floor lobby of Holmes Hall.
- A 1991 etched glass piece 50 inches in diameter and 3/4 inch thick titled *Tourbillion* that is located in the first floor lobby of Academic Building - 7.
- A 2001 etched glass work titled *Leonard da Vince* drawings and sketches that is located in the first floor lobby of Whitaker Hall;
- A 10 x 30 foot etched porcelain titled *Water Symphony* that Century installed in the lobby of the Music Building in 2010.
- A series of stone etchings located in the lobby of Marieb Hall.

## Water Symphony

*Water Symphony* dominates the narrow lobby of The Bower School of Music. Standing 10 feet tall and 30 feet wide, it is visible through the two-story glass facade long before music students, faculty and guests enter the lobby from the concrete sidewalk that separates the music building from the arts complex. Commissioned by the FGCU Foundation, the mural consists of 75 two-by-two-foot ivory ceramic tiles engraved with black swirling patterns. Like much of Century's work, it reflects imagery from his beloved Sanibel Island.

"It was inspired by patterns in low tidal areas, the ripples left by the incoming and outgoing water," Lucas explained. "The intersecting ripples have a marvelous flow. It's something I watch during my evening walks on the beach."

## About Century's Etching Process

Since 1977, Century has been perfecting a pioneering process that enables him to etch images and text on a variety of media, including porcelain, stone and glass, with unparalleled clarity and depth. He first used the technique to etch the names of 58,000 servicemen and women who lost their lives in Vietnam



**Sanibel was to be a one-week vacation from his work on the Vietnam Memorial in Washington, DC in 1983. "Either this has turned into the longest vacation on record or the finest Utopian experience I could have imagined," quipped Century.**

into the granite surface of Maya Lin's renowned *Viet Nam Veteran's Memorial* in the Washington, DC Mall in 1984.

"I began to explore other materials beyond granite, such as glass, ceramic and wood, all of which I now incorporate into my work utilizing photo-stenciling and grit-blasting techniques," Century pointed out. "Line art from original drawings or appropriated images are transferred into a stencil that is capable of resisting the abrasive grit-blasting. The eroding process removes the substrate, penetrating and etching the surface to create a deep relief, not possible with any other etching process."

The nature of aluminum oxide grit-blasting is to abrade the surface, which creates a rough texture in contrast to the original surface of the material. These two contrasting surfaces can be left as is, or colors and enhancers can be applied to achieve a different outcome.

## About The Artist

Lucas Century was born in Newark, New Jersey and raised in Cleveland Heights, Ohio.

"Cleveland has a wonderful cultural community that surrounds University Circle, where museums, galleries and performing art halls abound," Lucas reports. "I was constantly exposed to this pocket of creative people who radiated the arts, and my fondest memories of my childhood included exploring the avenues of people and venues that Cleveland offer."

While he studied business at Cleveland's Case Western Reserve University, his primary interest was nevertheless art. Although he did not study art formally and collaborates with other artists when his work requires illustrations (like the *Archimedes* mural in Holmes Hall), he cultivated his love of photography.

"It fascinated me to develop film and print in the darkroom with chemistry, light, lenses and, best of all, red safe lights," Century recalled. "To go from what the eye captured on film and then be able to translate it on to photographic paper ... Well, it just couldn't get any better than that. It was magical. I remember projecting imagery through the enlarger and spending countless hours crop-

ping and composing my evenings away. These exercises instilled within me a photographer's eye and a love for this fascinating art form that consequently began a career based around photographic methods."

Century's attraction to etching began when he got a job engraving people's names on snow skis at a resort shop. A window washing gig in the 1970s led to an epiphany. Pulling a squeegee across a pane of glass, Century saw his reflection and became intrigued with the idea

of how to transfer graphic images and color onto glass. This investigation led to four years of experimentation with acid etching and other techniques after which Century developed and perfected an innovative photographic process for creating stencils that could be used in sand-blast engraving. The erosion of the surface technique became a metaphor for the sands of time.

"That's what weather would do, but it's sped up," said Century. "That's very empowering."

The artist's considerable spiritual energy and heartfelt intent is always at play. His love of nature, the aesthetic beauty that lies within, is permanently embedded in his work.

"I like expressing the essence of things," Lucas acknowledged. "There is soulful resonance within life forms and learning to manifest its simplest version is a challenge. I enjoy reworking materials until a balance is reached and discovering yourself through the entire process of unfolding is as much the beauty as the end product."

A full-time artist, Century has maintained a home and studio on Sanibel Island for nearly three decades, living and working within a natural sanctuary of lush, subtropical vegetation. He and his illustrator wife, Dee Searge-Century, often work together as a team on projects.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✱*

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# Back To School Bash At SCC



Amelia White won the Apple iWatch

On August 26, Sanibel Community Church's H20 youth program for sixth to 12th graders, held its annual Back To School Bash.

With local Christian radio station WAY-FM rocking the house, dozens of Little Caesars pizzas were consumed and special guest and illusionist Derek Selinger wowed the teens. There were also several Minute-To-Win-It games to participate in.

One of the highlights of the evening was the giving away of an Apple iWatch



Hunter Borman gives his testimony of what Jesus has done in his life

to an attendee. Amelia White, a local seventh grader here on Sanibel, won the watch and was very excited. It was a fun night for all!


The Back To School Bash is held annually, as a time for students to get together and hang out before the fall youth group schedule begins. Starting in September, the middle school and high school groups will be studying through the book of 1 Timothy. All sixth to 12th graders are welcome to attend. Middle school meets from 5 to 7 p.m., and the high school group meets from 6 to 8 p.m. in the Youth Center at Sanibel Community Church, located at 1740 Periwinkle Way (next to Jerry's Market) every Wednesday evening.\*



Illusionist Derek Selinger from Canada wows the crowd with his know-how



Two girls joust during a Minute-To-Win-It game



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Preschooler Cameron Lee is ready for some barbecue

## Pigs In Paradise Event To Benefit Early Education

The Children's Education Center of the Islands (CECI) invites community members to its inaugural Pigs In Paradise pig roast on Sunday, October 18 from 4 to 8 p.m. at The Community House, 2173 Periwinkle Way. Proceeds from will help fund student scholarships as well as capital improvements to the facility.

The family-friendly evening will feature pigs roasted in two different styles by CECI parents and staff. Admission will include roasted pork, sides and nonalcoholic beverages. Beer and wine will also be available for a suggested donation.

Tickets are \$30 in advance, \$35 at the door and \$10 for children ages 13 to 18. Kids 12 and under are free. The preschool strongly recommends that people buy tickets in advance so they can get an accurate head count.

Area businesses are invited to sponsor the event. Currently, sponsorships are available at the silver (\$250), gold (\$500) and platinum (\$1,000) levels. Sponsorship includes tickets to the event and display in promotional materials.

The preschool, which opened in 1974, serves families who live or work on Sanibel and Captiva. It is open to children ages 18 months to 5 years.

To register your children, buy event tickets, become a sponsor or donate items to the silent auction, call Ms. Cindy at 472-4538.\*



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## Teen Scene Trip To Water Park

Local teens are invited to join the Sanibel Recreation Center for a day of "splish-splashing" action at the Adventure Island Water Park in Tampa on Saturday, September 12.

Glide the giant slides and surf the wave pool for one last water blast of summer. Don't forget to bring some money for meals in the park and on the ride home. Make sure to bring sunscreen, swimsuit and a towel. Coolers are not permitted in the park.

Cost to register is \$25 per person, which includes admission ticket and transportation. The city van will leave the recreation center at 8 a.m. and return time is approximately 5 p.m. Teens ages 12 to 15 are welcome. Van seating is limited.

For more information, call the Sanibel Recreation Center at 472-0345.\*

## SCCF Oyster Restoration

submitted by Sarah Bridenbaugh, SCCF Marine Lab Research Assistant

As many of you know, the SCCF Marine Lab recycles oyster shell from three local restaurants: The Fish House, The Timbers, and The Lazy Flamingo II (by the causeway). These restaurants have continued to provide us with shell throughout the summer and since we began recycling shell in October 2014, over 24,000 pounds of shell have been kept out of landfills and will be going back into our bay. We are very excited about this at the lab and wanted to share a small victory with you in the mean time. I hope to have even better news soon!

Again, thank you for your continued support; we truly appreciate every single volunteer that has helped us reach this point. Until we get our permits, keep eating oysters and keep working on those biceps!

For more information about participating in SCCF's Oyster Restoration Project, call the SCCF Marine Lab at 395-4617.\*

From page 1

## Coastal Cleanup

and trash bags. Participants are asked to bring their own water to reduce the use of plastic water bottles. Also, please bring your own work gloves to reduce the use of the plastic gloves that will be available.

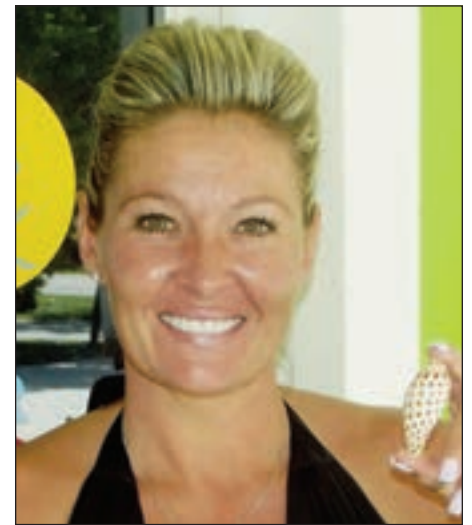
"Actually, you don't have to do your pick up between 9 a.m. and noon on the day of the Coastal Cleanup," added Serage-Century. "You can do it at low tide the night before when it's cooler or earlier in the morning on cleanup day. Then, you can come by later and have lunch with us."

Lunch and snacks on the SCCF Nature Center's porch will be available from 10 a.m. until noon as well as a dumpster to deposit collected trash. Participants should fill out their data cards and turn them in at SCCF.

If you have any questions, want to reserve your favorite "cleanup" spot, or get your data cards ahead of time, call Serage-Century at 472-2329.\*

Send your  
editorial copy to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

## Shell Found



Christina Crissinger

Christina Crissinger, visiting from Cape Coral, found a junonia while shelling on the beach at Blind Pass on September 2. "I saw it in the water, but when I looked again, it was gone," Crissinger said. "When I saw it again, I picked it up and said, 'Look what I found!'"\*

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## Sanibel-Captiva Conservation Foundation



Happy the diamondback terrapin



Indie the indigo snake

### Tank Talks

On Tuesday, September 15 at 10 a.m., come and meet the SCCF Nature Center ambassadors. Meet Indie the endangered indigo snake who recently laid nine eggs, Happy the snapping turtle, and Lucky the Florida softshell turtle. The diamondback terrapins have laid eggs again this summer... meet two young terrapins that hatched last August.

Take a tour with a biologist to learn about the SCCF research and projects associated with these local critters.

### Bobcat Tales

Come and see recent videos of bobcats on SCCF's trails. Learn more about the biology and society of this shy feline that peacefully roams the islands. There has never been a negative human bobcat interaction reported on Sanibel. Bobcat Tales will be held on Wednesday, September 16 at 10 a.m. in the SCCF auditorium. Cost of the program is \$5 per adult, with SCCF members and children attending for free. Following the program, take a walk on the trails to the Sanibel River... you may see bobcat scat. Climb the tower to see Sanibel's Everglades-like wetlands where the bobcats live.



Bobcat grooming itself



Sea turtles hatching from a nest



Digging a nest



Florida softshell turtle

### Turtle Tracks

Learn about the lifecycles and habits of sea turtles that are nesting now on island beaches and what SCCF is doing to protect them. Since 1992, SCCF staff and volunteers have covered every inch of Sanibel and Captiva beaches each morning May through October finding and marking sea turtle nests laid the night before. Remember to turn off beach lights at night to protect nesting turtles and their hatchlings. The next Turtle Tracks program is Thursday, September 17 at 10 a.m. at the SCCF Nature Center. The program is free to SCCF members and children, or \$5 for adults.

Call 472-2329 for more information on these programs. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.✱



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## Fall Mixed Bag Action Is Starting



by Capt. Matt Mitchell

September has always been one of my favorite months to fish Pine Island Sound. Despite the heat, it marks the beginning of fall, and the sound really starts to come

alive. This was witnessed this week with feeding birds, bait and feeding fish spotted throughout the sound. If you like variety, now is the time to get out on the water.

The big schools of redfish we experience every fall have just begun to show up on the shallow flats within close proximity of the passes. This annual event will really be kicking into high gear this month and all of October. Spotting a school of hundreds of over-the-slot redfish

feeding as they push across a flat is a sight to see. During low tide, calm wind periods, watch for the baitfish showering the surface as they try to escape the herd of feeding redfish. Basically, any bait or artificial pitched out in front of the school will get bit. Have a few weedless long casting spoons rigged and ready, as you never know when you will run across that school. Being ready to go when the opportunity arises is key.

The snook bite all week was good, although catching one in the slot proved tuff. Mangrove action on snook was crazy at times, with double hook-ups common on these generally smaller fish. As long as the tide was moving, snook were found in all the usual places, with live shiners being the bait of choice. Catching so many snook is a good thing, though trying to catch one in the slot was frustrating. Many of these same shorelines are still producing good numbers of mangrove snapper in the mix, too.

Trout fishing also keeps getting better, with feeding birds all marking good places to catch lots of trout of all sizes. A couple of mornings this week, I had clients that were interested in catching trout



Nick Little from Ohio with a 24-inch redfish caught this week while fishing with Capt. Matt Mitchell

which proved some of the easiest fishing I had done for a while. Shiners fished two to three feet under a popping cork basically got bit every cast. Lots of these trout were just at the 15-inch minimum size, but if you stuck it out and fished the larger shiners, we had a few real good ones well over 20 inches. This is fast-paced fun fishing and makes for smiling clients. Flats in the four to six foot range from Flamingo Bay channel north were most productive for me, though any place you located feeding birds proved easy to bend a rod.

Watching the sound come alive with

birds, bait and feeding fish this time of year is always an exciting time to be on the water. When the whole food chain is going off, you simply never know what might appear; it could be tarpon, cobia or at the least sharks. Carry a variety of different gear when heading out just to keep your options open.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✱

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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## CROW Case Of The Week:

## Baby Squirrel Fights Fleas

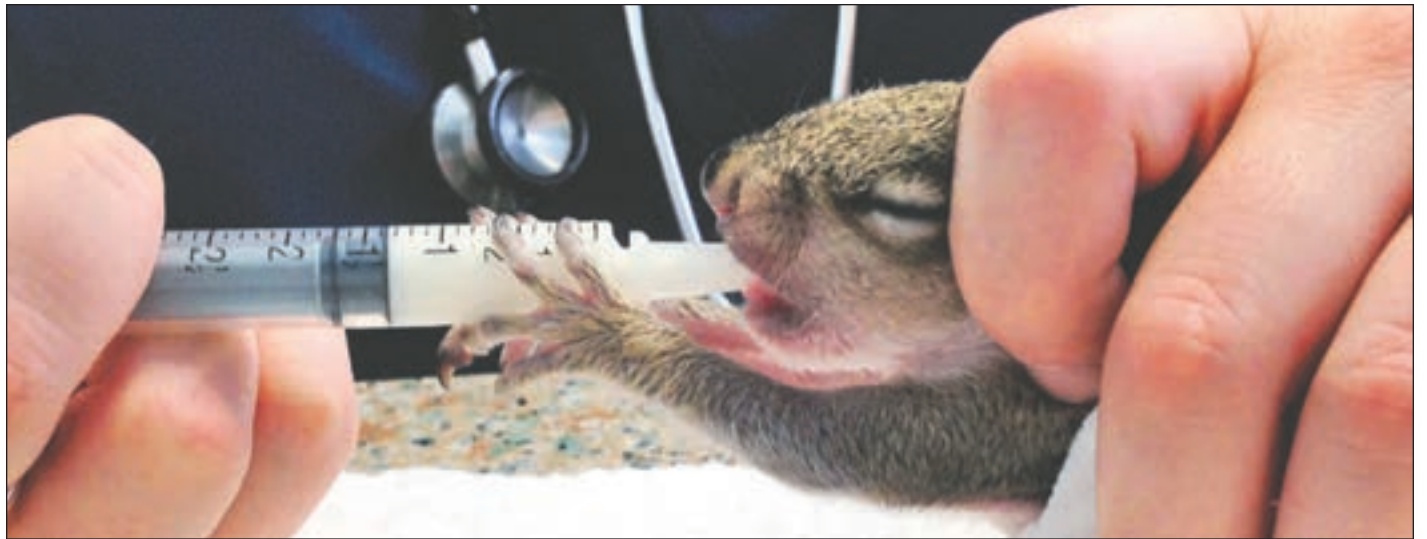


by Patricia Molloy

On August 25, a tiny Eastern gray squirrel (*Sciurus carolinensis*) was admitted to CROW as an abandoned or orphaned baby. The patient (#15-2560) was thin and covered in

fleas. After a thorough examination, the squirrel was properly hydrated before being bottle-fed a milk replacer that is similar to Pedialyte for human infants, but designed specifically for baby squirrels, opossums and wild bunnies. After the milk mustache was wiped from his face, the youngster was placed in a cozy container in the clinic's baby room for a much deserved nap.

It's difficult to believe that a insect so tiny has the potential to be dangerous, but one must remember that fleas are blood-sucking parasites. If a flea infestation is severe enough, it can cause a life-threatening condition known as anemia. Anemia exists when there is a shortage of red blood cells – less than 25 percent by volume to be precise. Since red blood cells are responsible for carrying oxygen from the lungs to the rest of the body, a



Another Eastern gray squirrel is bottle-fed a milk replacer specifically designed for baby squirrels, opossums and wild bunnies. As Dr. Molly Lien, DVM intern, noted, "The baby room is super full right now, almost at capacity."

shortage in red blood cells can have devastating effects. To rid the baby squirrel of the pesky parasites, it was treated with Revolution, a topical medication that is commonly used to protect cats and dogs from fleas, heartworms and ear mites.

"(The squirrel) was loaded with fleas, so we gave him a tiny, tiny amount of Revolution," explained Dr. Molly. "We (recently) moved and combined a bunch of baby squirrels in cages while they are getting weened. But we're keeping him separate, just for a day or two, to make sure he doesn't have them any more before we put him in with another squirrel. He didn't look pale, but I gave him

iron just to be safe. He was pretty bright and alert."

The little squirrel will continue to be bottle-fed for several weeks until he graduates to soaked monkey biscuits, which are nutritionally-balanced wafers of sorts that were originally designed for captive primates. Once he's able to eat on his own, the squirrel will be transferred to an outdoor enclosure on CROW's campus where he will learn to run and climb. Once he is old enough to survive on his own, he will be released.

If you find a sick or injured wild bird, mammal or reptile, please contact CROW at 472-3644. If you are unable to

bring the animal to the Sanibel clinic, you may be directed to one of nine domestic veterinarian clinics in Lee County that have generously offered to serve as drop-off facilities. CROW has a specially-equipped van that can be dispatched to these clinics for patient pick-up.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org). ✨





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## New Readbox At The Library

Readers know that the book is almost always better than the movie, with a few exceptions. Sanibel Public Library welcomes readers to read the book then watch, or even critique, the movie. The library's catalog is filled with many books that have recently been, or plan to be, made into films.

*A Walk in the Woods* by Bill Bryson is coming to the big screen this month, starring Robert Redford and Nick Nolte. This funny memoir follows an Iowa-born man who returns to America after 20 years in England to walk the Appalachian Trail. Bryson's portrayal of the unusual characters he meets on the trail, combined with descriptions of the remarkable scenery along the way, make this an enjoyable read. The Sanibel Library's collection includes regular print, large type, or CD audio book for *A Walk in the Woods*.

The movie titled *Everest* comes out on September 18 and is based on the nonfiction book *Into Thin Air* by Jon Krakauer. In the book, Krakauer describes his 1996 trek to Mt. Everest, a disastrous expedition that claimed the lives of eight climbers, and explains why he survived.

Johnny Depp stars in the film *Black Mass*, based on the true story of Whitey Bulger, an Irish mobster in South Boston who became an FBI informant. Dakota Johnson and Benedict Cumberbatch co-star. Based on the book *Black Mass: The True Story of an Unholy Alliance Between the FBI and the Irish Mob* by Dick Lehr and Gerard O'Neill, this film opens in theaters in September.



Laura Oliff-Maxey checks out the Readbox display to read the book then see the movie

*The Martian* by Andy Weir has been made into film starring Matt Damon, and is due in theaters in early October. In this sci-fi thriller, an astronaut's crew mistakenly leaves him behind on Mars after a freak sandstorm.

ML Stedman's *New York Times* bestseller *The Light Between Oceans* A Novel is now in film production, soon to be a major motion picture from Spielberg's Dreamworks. In the book, a lighthouse keeper and his wife living off the coast of Western Australia raise a baby they rescue from an adrift rowboat. The Sanibel library has the book in print, large type, and CD audiobook.

Another literary adaptation is Emma Donoghue's 2010 international bestseller *Room*, which is a film due in theaters on October 16. The book unfolds from the perspective of a 5-year-old-boy, Jack, who has spent his entire life held captive by his mother's rapist and kidnapper. *Room* won many literary awards and *The New York Times* named it as one of its six best fiction titles of 2010. Sanibel Public Library's collection includes the book, eAudiobook, and audiobook on CD.

*Brooklyn: A Novel* by Colm Tóibín won the 2009 Costa Novel Award, was short-listed for the 2011 International IMPAC Dublin Literary Award, and was longlisted for the 2009 Man Booker Prize. In Brooklyn, Irish immigrant Eilis Lacey navigates her way through New York City in the 1950s. The initial shackles of homesickness quickly diminish as romance sweeps Eilis into the intoxicating charm of love until her new life is disrupted by her past. The film was a hit at the Sundance Film festival, and is due in theaters in November.

Another interesting book and movie combination is Richard Morias' *The Hundred-Foot Journey*, which tells the story of chef Hassan Haji's rise from a Mumbai slum to the kitchen of his own elegant restaurant in Paris. Sanibel Public Library's collection includes the book and the DVD.

A failed American businessman looks to recoup his losses by traveling to Saudi Arabia and selling his idea to a wealthy monarch in *A Hologram for the King* by Dave Eggers. Due in theaters for the Thanksgiving holiday weekend, the film stars Tom Hanks, Tom Skerritt and Sarita Choudhury. Sanibel Library's collection has a print copy and downloadable eBook.

Fans of the classics might enjoy re-reading novels that have been recently adapted to film including Mary Shelley's *Frankenstein*, Gustave Flaubert's *Madame Bovary*, and *Far from the Madding Crowd*. The newest *Frankenstein* stars James McAvoy as Victor Frankenstein, as well as *Downton Abbey*'s Jessica Brown Findlay and Daniel Radcliffe as Igor, and is due in theaters in November. The 2014 *Madame Bovary* drama film, directed by Sophie Barthes and starring Mia Wasikowska, Henry Lloyd-Hughes, Paul Giamatti and Ezra Miller, is due to be released on DVD this month. Also soon-to-be-released on DVD, *Far from the Madding Crowd* stars Carey Mulligan as Bathsheba Everdene, a proud and independent young woman who attracts three suitors.

Uniting fact and fiction into an original romantic vision, David Ebershoff's *The Danish Girl* eloquently portrays the heroic story of Lili Elbe, a pioneer in transgender history. *The Danish Girl* starring Oscar-winner Eddie Redmayne and directed by Oscar-winning director of *The King's Speech* and *Les Misérables*, Tom Hooper, is due in theaters in November.

Nathaniel Philbrick's nonfiction, *In the Heart of the Sea: The Tragedy of the Whaleship Essex*, won the National Book Award for Nonfiction and the Ambassador Book Award for American Studies in 2000. In 1819, the Essex was rammed and sunk by a sperm whale in the middle of the South Pacific. The crew drifted for more than 90 days, succumbing to weather, hunger, disease and ultimately turned to drastic measures in the fight for survival. Philbrick uses many historical documents – including an account written by the ship's cabin boy – to reveal the chilling events surrounding this epic maritime disaster. Due in theaters in December, the movie is directed by Ron Howard and stars Chris Hemsworth, Cillian Murphy and Tom Holland.

If there is a book or film you'd like to place on hold, call the library or go online with your library card at [www.sanlib.org](http://www.sanlib.org). Many of the books-to-film are near the circulation desk on the Readbook – Read the Book, See the Film display. If you need assistance, stop by the library's circulation or reference desk.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. To get a card, bring in a photo ID or proof of address.

For more information about the Sanibel Public Library, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org).

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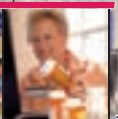
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Shell Of The Week

Atlantic Nut Clam



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The Atlantic nut clam, *Nucula proxima* Say, 1822, lives locally on muddy-sand

bottoms. Most bivalves (clams, mussels, oysters, etc.) are filter-feeders, “sieving” the water to collect their microscopic food (microalgae and other forms of phytoplankton). Nut clams (family *Nuculidae*), on the other hand, are deposit-feeding bivalves, scooping up the film of decomposing organic matter and bacteria that accumulates on the surface of the sea floor. They do so using tentacle-like structures called labial palps. Nut clams have a noticeable inner shell layer of mother-of-pearl (nacre), and their shell hinge teeth (see picture) are shaped like interlocking combs. Learn more about the Atlantic nut clam at <http://shellmuseum.org/shells/south-west-florida-shells/nucula-proxima>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near



The Atlantic nut clam, *Nucula proxima*, from Sanibel. The arrows on the photo on the right point to the hinge teeth.

photos by José H. Leal

Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn’s Collection – A fun and entertaining look at gem-quality shells. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO  
Wednesday at 1:30 p.m.: Midday Tank Talk at the museum’s live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts and Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO

Celebrity Island Dinner Fundraiser – Monday, September 28, 5 p.m. at Traders Café. \$60 per person includes three-course gourmet dinner, beer and wine during dinner and epic karaoke. Advance booking required. Book online at [shellmuseum.org](http://shellmuseum.org) or call 395-2233 ext 16.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

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Fragrant spikesedge is common in moist lawns

Plant Smart

## Fragrant Spikesedge

by Gerri Reaves

Fragrant spikesedge (*Kyllinga odorata*) is a common native wildflower that typically crops up in lawns and even among other weeds.

Some gardeners welcome it to their yards, but others condemn it as a turf-

photos by Gerri Reaves

grass weed. It is also called annual kyllinga.

This perennial sedge is very similar to a non-native sedge, shortleaf spikesedge (*Kyllinga brevifolia*), which has become a problem weed in parts of the United States, including Florida.

The non-native's seedhead, however, is smaller, globular and green versus the native's egg- or thimble-shaped whitish green one.

Fragrant spikesedge creates a shallow fibrous root system that forms mats or clumps of dark green aromatic foliage that reaches up to six inches high.



It is recognizable for three to four linear leaves and a spikey seedhead

It spreads via root-like underground stems and thrives on moisture and sun, and thus in over-watered lawns. Once it's established, ridding an area of it can be difficult.

The plant's most notable characteristics are the three to four spikey leaves below the seedhead, which somewhat resembles a tiny pine cone of less than a half-inch in diameter. The seedhead dark-

ens to brown when it matures.

The many flowers produced in the spike are too small to see with the naked eye.

The plant's fruit is a small achene, dry, hard and one-seeded.

Sources: [edis.ifas.ufl.edu](http://edis.ifas.ufl.edu), [ipm.ucdavis.edu](http://ipm.ucdavis.edu), [wildflower.org](http://wildflower.org), [wplawinc.com](http://wplawinc.com), and [ww2.valdosta.edu](http://ww2.valdosta.edu).

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# Goodell, NFL Smacked Down By The Courts For The Fifth Straight Time



by Ed Frank

Serena Williams vie for a record-breaking tennis grand slam; Tim Tebow's failure to land a comeback job with the Philadelphia Eagles; Tom Brady's legal victory over the National Football League in the so-called "deflate gate." These were three top sports stories of the week, but let's examine in some detail the complicated legalize of the Brady affair that once again brought embarrassment to the NFL just as the 2015 season was about to begin.

A federal judge wiped out the four-game suspension of Brady in a stinging, 40-page rebuke of the NFL and Commissioner Roger Goodell. It was Goodell who acted as both prosecutor and arbitrator against Brady for his alleged role in the football-deflating scheme.

Brady had insisted he played no role in any decision to deflate footballs below the allowable limit in last season's AFC championship game between Brady's New England Patriots and the Indianapolis Colts.

We all know how difficult it often is to decipher the legalize of a court opinion. And U.S. District Judge Richard M. Berman's ruling certainly lived up to that dilemma.

But wading through his opinion, he said Goodell's handling of the case was "fundamentally unfair" and counter to collective bargaining provisions.

Although the judge didn't actually rule whether Brady participated in the "deflate gate" scandal, instead he threw out the quarterback's suspension because the procedure that resulted in the penalty was unfair and illegal.

The National Football League is the only professional sport where the commissioner, after dealing out a suspension, also acts as the arbitrator to hear the appeal of the penalties he has imposed.

In professional baseball, for example, an independent arbitrator is retained to act upon an appeal.

The NFL said it will appeal the Brady case to a higher court. It's likely, however, that Judge Berman's ruling will stand, resulting in a fundamental change in the way the league punishes players.

You would think that Goodell and his cohorts would have learned a lesson as the Brady case is the fifth recent appeal they have lost in court. They are:

**Bountygate:** Four players' suspensions were voided after the court found it was a coach that instituted the cash-for-hits "bounty."

**Ray Rice:** First suspended for two games for an assault on his fiancée, the commissioner later increased Rice's penalty to an indefinite suspension. A federal judge ruled that Goodell's failure to understand the severity of the assault was not a valid reason to increase the penalty.

**Adrian Peterson:** He was suspended indefinitely for disciplining his son by hitting him with a tree branch. The court ruled that Goodell could not invoke a penalty rule in August for an incident that occurred the previous May.

**Greg Hardy:** Suspended for 10 games for an attack on his ex-girlfriend. A judge reduced the suspension to four games when the woman could not be located to testify. Hardy may appeal the four-game suspension in light of the Brady case.

Undoubtedly, we have not heard the last of this embarrassing situation for the NFL.

One thing that is certain, however, the mess almost certainly will not affect the interest and attendance for the 2015 season.

## Miracle Set Attendance Record

The Fort Myers Miracle baseball team, although failing to reach the post-season playoffs, set a new attendance record for the 2015 season that ended last weekend.

The Miracle drew 133,817 fans, surpassing the previous record of 124,749 in 2008. It was the third highest attendance in the 12-team Florida State League.

Fort Myers finished the season with an overall record of 76-63, the best in the FSL South Division.

Two Miracle members received post-season honors. Catcher-utility player Alex Swim was named to the league's post-season All-Star Team. He was the Miracle's top hitter with a .311 batting average in 85 games.

Manager Jeff Smith was selected as a coach for the All-Star Team.✧

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1 medium half-sour pickle, finely diced, or 1/3 cup chopped green olives  
3 tablespoons olive oil  
Fresh squeezed juice of 1/3 to 1 lemon, or to taste  
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## Bank Introduces New Mobile Banking App

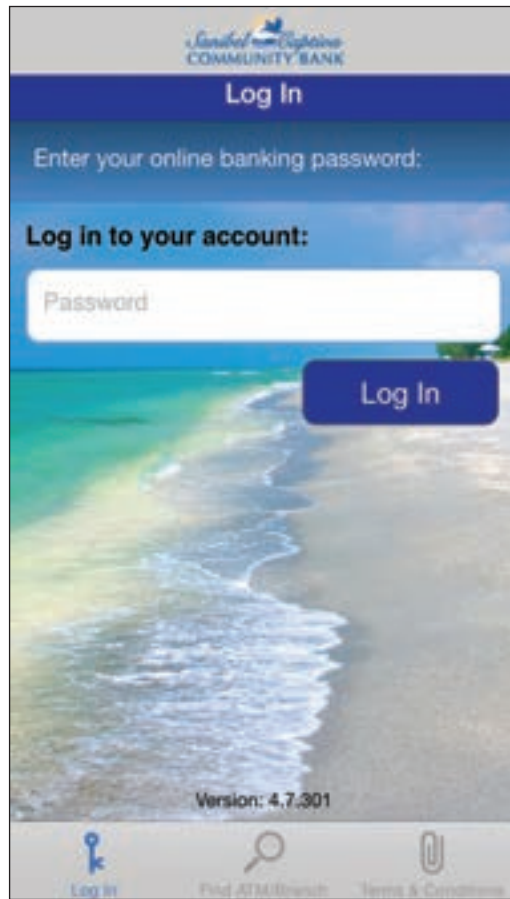
Sanibel Captiva Community Bank has introduced a mobile banking app for the convenience of its customers.

The app lets customers use mobile devices to check account balances and transactions, make deposits, transfer funds between accounts, locate ATMs and bank locations, and make payments through Bill Pay or Popmoney, which lets customers send, request and receive money with just about anyone online.

"The ability to bank on the go makes life easier for our busy customers," said President and CEO Craig Albert. "Our banking app is fast, secure and easy to use, and because we are locally owned and operated, we can adjust deposit limits and make other changes for our customers."

The app is available for Apple and Android devices at no charge.

To learn more, visit [www.san-capbank.com](http://www.san-capbank.com).✱



Mobile banking app introduced by Sanibel Captiva Community Bank

## Celebrate September With Sapphire

Lily & Co. Jewelers invites you to celebrate September with a piece of sapphire, a gemstone as blue as the Sanibel Island sky. The ancient stone, September's birthstone, is said to protect your loved ones from envy and harm. While its traditional color is a deep blue, sapphire can range in hues.

"Sapphire has been strongly favored as a popular gem in jewelry," said Dan Schuyler, co-owner of Lily & Co. "Its array of natural hues make the sapphire a great stone for designers who like color."

John Bagley and James Breski create some of the most exquisite sapphire pieces in the exclusive Lily & Co. collection. Designs by Bagley have a seamless look and a unique flair. He uses an ancient Native American technique with the stones and metal in every piece. Bagley said, "each new collection is an adventure created with passion, intensity and the desire to have a 'wow' response."

The James Breski sapphire collection combines classic design with innovation. The center-stone sapphire ring set with diamonds in white gold carries an understated look. Breski designed the tear-drop earrings with detachable drops, baguette and round diamonds in pear-shaped sapphires. The sapphire-clad ball earrings dangle on inside-outside diamond hoops.

It is true that sapphire can come in all colors of the rainbow – pink, purple, green, orange and yellow. They are known by their respective color. Ruby is the red variety of the corundum, a gem species. However, the most prized sapphire colors are medium to medium dark blue.

Lily and Co. Jewelers is located at 520 Tarpon Bay Road, across from Bailey's. For more information, call 472-2888 or visit [lilyjewelers.com](http://lilyjewelers.com).✱



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# START Offers Updates, Plans For Fundraiser

The Sanibel-Captiva Chapter of Solutions To Avoid Red Tide (START) is hard at work finding

solutions to our local water quality and conservation challenges. We would love to keep you updated on our progress through occasional email communication. We promise our emails will be interesting and we'll never share your contact information.  
If you'd like to learn more about our water quality initiatives and the other conservation work we're involved with, visit

<http://eepurl.com/bw-2z>.  
START is also excited to announce that their annual Cracker Fest fundraiser will be returning on Friday, November 6 for its seventh installment. Mark your calendars and don't miss the chance to

celebrate our cultural heritage while raising awareness and financial support for our organization.  
Thank you for your interest in our efforts to keep Sanibel's waters healthy and beautiful! ✨

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## Island Seniors Take Trip To Ikea

submitted by Anita Force Marshall  
Several members of the Island Seniors beat the summer's heat with an August day trip. Their shopping adventure started with a bus excursion to Ikea in Tampa, and with still room to spare in the bus, on the way back to Sanibel they stopped to shop again at the Women's Exchange in Sarasota.  
Don't forget to stop by the Center 4 Life, located at 2401 Library Way, and check out our next adventure. ✨



Mary Ann Gilhooley and Dorothy Sawyer



Deborah Butler, Diane Gray and Jane Hudson



CC Caldwell, Carol Strange, Jane Hudson, Ann Bresslau, Shirley Schiffman and Helen Gaina

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From page 24

## Ocean Art Exhibit

*Bubbly Blue*, was submitted by 6-year-old Southwest Florida artist Arundhati Sharma.

The Coastal America Partnership held its first art contest in 2008 and the biennial contest has attracted as many as 2,000 student entries. This year the contest categories were expanded to include one for adults. Winning artists range in age from six to 23 and their pieces include works done in watercolor, colored pencil, acrylic and crayon. The selected artists of the biennial contest represent 11 of the Coastal America Partnership's 25 learning centers, which extend from Florida to Alaska and from Veracruz, Mexico, to the shores of the Great Lakes.

Entrance fees to the exhibit are complimentary on National Estuaries Day. After that, admission is \$5 for adults, \$3 for kids ages 6 to 12 and free for members of Rookery Bay Reserve. The exhibit runs through November 17.

For more information, visit [www.rookerybay.org](http://www.rookerybay.org) or call 530-5940. ✨

## Registration Now Open For Rookery Bay Adventure Race

The Friends of Rookery Bay Adventure Race, scheduled for Saturday, November 21 at 8 a.m., includes a 3K kayak route along Henderson Creek and a 4K trail run at the Rookery Bay Environmental Learning Center, located at 300 Tower Road in Naples. New this year is a 5K trail run-only category. Proceeds benefit the Friends of Rookery Bay.

All participants will receive a T-shirt (sizes guaranteed if registered before October 31), post-race refreshments, Rookery Bay Reserve water bottle, free admission to the Environmental Learning Center and entry for door prizes. Awards will be presented to the top finishers in each category: men, women, relays, tandem teams and surf-skis.

The race is presented by Up A Creek Kayak Tours and benefits Friends of Rookery Bay, with support from Florida Fish and Wildlife Conservation Commission. For more information, visit [www.rookerybay.org](http://www.rookerybay.org). ✨

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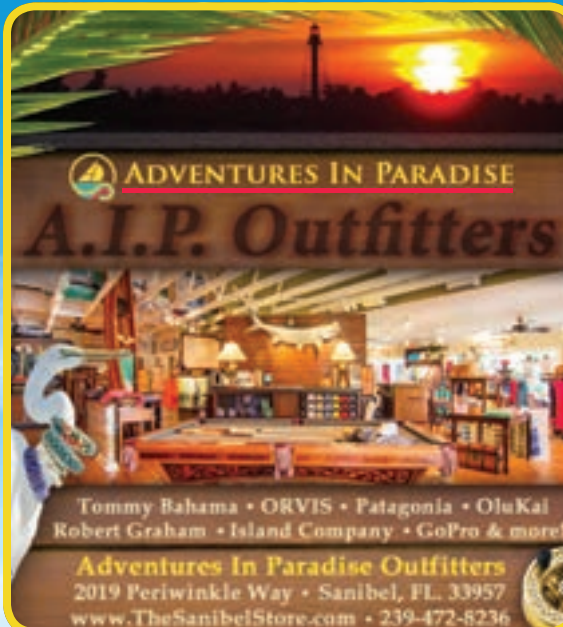
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School Smart



by Shelley M. Greggs, NCSP

**Dear Shelley,**  
I am having a difficult time after the summer break to get my 7- and 9-year-old children to focus and pay attention to their homework.

What can I do to help them?  
*Kerri H., Sanibel*

**Kerri,**  
Going back to school after a long summer, with fewer requirements or the need to focus and pay attention, is difficult. All of us need to learn how to focus when we learn new material or study something complicated.  
Dr. Lori Desautels, assistant professor in the School of Education at Marian University, recommends that we teach children to use “brain breaks” and focused attention practices for learning. She says that these techniques “refocus our neural circuitry with either stimulating or quieting practices that generate increased activity in the prefrontal cortex, where problem solving and emotional regulation occur.”  
Dr. Desautels describes a brain break as a short period of time when we

change up the dull routine of incoming information that arrives via predictable, tedious, well-worn roadways. Our brains are wired for novelty because we pay attention to any and every stimulus in our environment that feels threatening or out of the ordinary.  
When we take a brain break, it refreshes our thinking and helps us discover another solution to a problem or see a situation through a different lens. Below are some ideas that will provide a brain break and invigorate your children’s thinking processes:  
• Pick any object out of your kitchen junk drawer and ask your children to come up with two ways to use this object other than for its normal uses. They can write or draw their responses and then share their ideas.  
• Movement is critical to learning. Have your children stand and blink with the right eye while snapping the fingers of their left hand. Repeat this with the left eye and right hand. This sounds simple, but it isn’t.  
• Taking turns, ask your children to draw a picture in the air while their sibling guesses what it is. You could give them categories such as foods, places, or other ways to narrow the guessing.  
• This is one of my favorite techniques and can be done anywhere. Have one of your children begin to tell a story for one minute. Make sure someone is timing the speaker. Then have the next person add on for one minute and then the have the

last person complete the story with a silly ending. Kids love this activity.  
Dr. Desautels also says that brain breaks need to be paired with focused attentions practices for maximum learning. She describes this practice as brain exercise for quieting the thousands of thoughts that distract and frustrate us each day. Research repeatedly shows that quieting our minds awakens our parasympathetic nervous system, reducing heart rate and blood pressure while enhancing our coping strategies to effectively handle the frustrations. Our thinking improves and our emotions begin to regulate so that we can approach an experience more successfully.  
Below are some of her suggestions. For the following practices, the goal is to start with 60 to 90 seconds and build to one to five minutes:  
• Visualize colors while focusing on the breath. Inhale a deep green, and exhale a smoky gray. Have the children imagine the colors as swirling and alive with each inhale. If your child is de-escalating from an angry moment, the color red is a great color to exhale.  
• For younger children, direct them to stand and, as they inhale, lift an arm or leg and wiggle it, exhaling it back to its original position. For younger grades beginning these focused-attention practices, it’s good to include an inhale and exhale with any type of movement.  
• Direct the children to inhale for four counts, hold for four, and exhale slowly

for four counts. You can increase the holding of breath by a few seconds once the children find the rhythm of the exercise.  
These exercises may seem a bit unusual initially but my experiences say they will bring you the desired results of better focus and attention for your children.  
*Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\**

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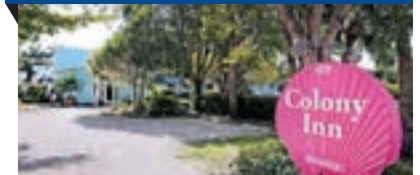
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# Kickoff Party For Over The Edge Rappelling Event



Rappellers will go Over The Edge at The Hyatt Regency Coconut Point Resort & Spa to support The Heights Foundation

The Heights Foundation will host a kickoff party for its Over The Edge rappelling event on Thursday, September 17 from 6 until 8 p.m. at The Heights Center, 15570 Hagie Drive in Fort Myers. The event is free and open to the public. Complimentary beer, sangria and soft drinks will be provided. Attendees will have the opportunity to ask questions, try on rappelling equipment and view rappelling videos.

Over The Edge is a rappelling event that will take place on Friday, October 23 and Saturday, October 24 at The Hyatt Regency Coconut Point Resort & Spa in Bonita Springs. Participants are asked to raise a minimum of \$1,200 to support The Heights Center's School Success program for at risk children in the Harlem Heights

neighborhood.

"Over The Edge gives participants the opportunity to make a positive impact in our community in exchange for the experience of a lifetime," said Kathryn Kelly, president and CEO of The Heights Foundation. "The poverty rate for children in Harlem Heights is more than twice the county average. The goal of our School Success program is to ensure our kids have the necessary support and tools to succeed in school."

The first 80 individuals who raise a minimum of \$1,200 have the opportunity to rappel down The Hyatt. Participants can form teams with co-workers, friends or family, or combine efforts and "Toss Their Boss" Over The Edge. The fundraising minimum can be raised through any combination of donations. Online pages are available for registration to ensure safe and secure transactions.

Sponsorships that include VIP benefits including preferred spots to go Over The Edge and admission to the Friday night VIP Altitude Adjustment Party are also available.

Local celebrities and media personalities will rappel on Friday, October 23 and the main event will take place on Saturday, October 24. Spectators are invited. The Hyatt Regency Coconut Point is located at 5001 Coconut Road in Bonita Springs.

For sponsorship information, to register or to donate to a rappeller, visit [www.heights-overtheedge.com](http://www.heights-overtheedge.com) or call 482-7706.✧



From left, Cindy McCurry-Ross, News-Press Media Group; Elaine McLaughlin; Billy Kirkland; Mike Jung, News-Press Media Group; and Tamara Pigott, Lee County VCB

## Billy's Bike Shop Receives eAward

Sanibel business owner Billy Kirkland and four of his staff members were honored on August 27 at the 2015 eAwards ceremony presented annually by the Lee County Visitors and Convention Bureau.

The Elaine McLaughlin Outstanding Hospitality Service Awards offers visitors the opportunity to recognize extraordinary customer service received from a Lee County hospitality industry professional. Nominations are accepted year-round in the following categories: Accommodations, Attractions, Good Samaritan, Restaurants, Transportation

and Other Services/Businesses.

Kirkland, owner of Billy's Rentals and Billy's Bike Shop, was awarded Honorable Mention in the Good Samaritan category. Among the more than 600 nominees were Kirkland's staff members: Hank Aubey, manager of Billy's Rentals at Bailey's; Preston Schuetz and Tim Stone of Billy's Bike Shop; and John Costanzo, guide with Billy's Segway Tours.

Nominees were honored at the breakfast presentation, with excerpts of praise and thanks from visitors and residents. Stories of extraordinary customer service were shared as a reminder of why Southwest Florida tourism grows annually and to honor the dedicated hospitality professionals.✧

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From left, eAward nominees Tim Stone, Preston Schuetz and Hank Aubey



Will Power

## File An Estate Tax Return When It's Not Required?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**W**ould you ever file an estate tax return when it's not required? Sounds ludicrous, doesn't it?

Not really. You'll believe me once I explain it to you.

There's something relatively new in the federal estate tax laws and it's called "portability." What that refers to is the fact that any estate tax exemption that isn't used by a decedent's estate can be transferred to his or her spouse.

In 2015, the federal estate and gift tax exemption amount is \$5.43 million. Let me show you how it works:

Suppose "Bud" died with an estate valued at \$4 million. In years past, if a decedent's estate was less than the available exemption, then his estate didn't file an estate tax return and any unused exemption was lost forever. So in my example Bud's personal representative (executor) would not file an estate tax return since no return was required. Bud's unused exemption of \$1.43 million was lost.

But with portability Bud's estate can transfer his unused estate tax exemption to his surviving spouse "Annette." In order to do so Bud's personal representative would need to file a Federal Estate Tax Return Form 706 and make the appropriate election to transfer the unused exemption. In this case, the filing of the return and making the appropriate election would result in Annette's exemption increasing from \$5.43 million to \$6.86 million. If Bud's personal representative never filed a return, then his unused exemption would be lost forever.

Suppose at the time of Bud's death that Annette's estate is worth \$3 million. Should Annette file an estate tax return for Bud? It wouldn't appear that her estate would be taxable at her death since her available exemption is also \$5.43 million even without the use of Bud's unused exemption. Consider the possibility that Annette's estate could substantially increase in value between Bud's death and her death. Or in the alternative, what about the possibility that a new law is passed that lowers the estate exemption down to \$2 million? In either case, Annette would benefit from portability.

Since no one knows what the future brings, when the surviving spouse has any degree of wealth it makes sense to consider filing the return to transfer the unused exemption.

Another recent change to the estate tax return involves the "estate tax clearance letter." In prior years, the IRS would examine each and every Federal Estate Tax Return Form 706 filed. If they have any issues with the return, they would audit it and could potentially assess additional taxes.

If, on the other hand, the IRS accepted the tax paid as full and adequate, it would issue the tax clearance letter. The IRS typically takes anywhere from nine to 18 months to issue the tax clearance letter. Probate courts usually will not allow the personal representative to close the estate administration until the tax clearance letter was received. Similarly, when the estate sold real estate the tax clearance letter was necessary to prove to a buyer that the property was not encumbered by estate taxes.

But under the new rules, no clearance letter is issued unless the filer requests one. Moreover, the IRS won't allow the filer to request one until four months have passed after the date of filing the return. This pushes out the time that one can expect to normally receive a clearance letter by an additional four months following the filing.

I suspect that the new rules are meant to give the IRS additional time to consider those estate tax returns only filed for portability purposes. Auditing a return that is filed only for portability purposes isn't profitable to the IRS because the audit takes man-hours but is unlikely to result in any additional taxes collected. This is due to the fact that returns filed to transfer unused exemption do not, by definition, have a taxable estate or pay estate taxes.

Without the receipt of a tax clearance letter the filers are unsure if the IRS will accept the surviving spouse's claim of additional exemption. So it's a good practice to request a tax clearance letter. Even if the letter is never requested, the family may take comfort in the three-year statute of limitations. The statute of limitations generally states that if the IRS does not challenge a filed return within the three-year time frame then the IRS cannot challenge the amount of the unused exemption transferred to the surviving spouse's estate.

There is much to consider for families when a loved one dies. While the new tax laws provide better avenues to minimize federal estate tax, families are well advised to consider all methods to preserve and transfer as much exemption as possible between spouses.

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## Swimmer's Shoulder



by Ross Hauser, MD  
and Marion Hauser, MS, RD

Floridians spend numerous summer hours enjoying recreational or competitive swimming at our beautiful beaches and refreshing pools. Swimming is a fantastic sport that combines strength, flexibility and endurance. The biomechanics of the strokes used in swimming, however, can unfortunately lead to shoulder pain. In fact, about 90 percent of musculoskeletal problems of swimmers relate to the shoulders.

One of the most common shoulder injuries among swimmers is Swimmer's Shoulder. Increased training intensity, overuse, incorrect stroke mechanics and shoulder instability all play a role in the development of Swimmer's Shoulder.

Swimmers, by the very nature of their sport, develop muscle imbalances and have loose ligaments and tendons in the shoulder compared to the average person. The close swimming motion of the arm to the body may also compromise blood supply to the rotator cuff tendons. With repetition, the tendon becomes injured and unable to support the joint adequately, becoming unstable and allowing for too much movement in the joint. Combined with overuse and poor technique, the irritation and impingement known as Swimmer's Shoulder develops. The instability must be corrected or it can lead to glenoid labrum tears, impingement syndrome, and eventual surgery.

Treatment can involve land-based exercise and core strengthening, analysis of technique and training methods to alternate and improve stroke styles to enhance recovery and prevent the issue from reoccurring, as well as addressing the ligament and tendon weakness in the shoulder. The swimmer who has shoulder pain for more than two months, very likely has an injured ligament or tendon.

When the pain does not go away, regenerative treatment such as Prolotherapy, can be sought to correct the multi-directional instability. Prolotherapy is an injection treatment that initiates the repair cascade in a joint, therefore, strengthening and stabilizing the joint naturally and allowing the swimmer to return to the water.

*This information is not intended*  
continued on page 35

## Four Things You Should Never Do To Your Home



by Bryan Hayes

There are four things I suggest that you should never do to your home. They are:

1. Work On Your Own Plumbing – First off, because I absolutely hate plumbing work. I

can work on A/C and electrical all day long, but ask me to change the smallest little plumbing thing and I'm at the hardware store 15 times before I even start. Not to mention the disaster that could result. Trust me, it's cheaper to hire a plumber.

2. Don't Do Your Own Electrical – This might sound like it's self serving, but think about it this way. Think about what you do or did for a living. Now, imagine the average person trying to do what you did... let's say you were a boat mechanic. Would you go out on a boat that the average Joe repaired, with little or no experience? Again, it's usually always better and safer to hire the right professional.

3. Don't Do Your Own A/C Repair – Please change your filters, but when it comes to the rest, see 1 and 2 above.

4. Don't Leave Your Home For More Than A Day Without Turning The Water

Off – If you are going away, turn your water off. The damage that can result from leaking pipes is incredible. I was at a home that the occupants had left for a long weekend; a pipe had burst on the third floor, and the damage to this home looked like a bomb went off.

So, I covered four things to never do to your home. But please, for the sake of your family, check your smoke detectors on a monthly basis. Smoke detectors save lives, but only when they are working. A good way to remember is to check them every time you pay your electrical bill.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at [Bryan@Sanibelair.com](mailto:Bryan@Sanibelair.com).✱

Superior Interiors

## Imaginative Accessories



by Jeanie Tinch

More than anything else in your home, your accessories give each and every room a little bit of your personality. Without them, you only have the setting for a model room in a model

home. Accessories make each

continued on page 36



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## SPORTS QUIZ

1. Name the last major-league pitcher before Cleveland's Corey Kluber in 2014 to strike out at least 14 batters in consecutive starts.
2. Which was the last team before the St. Louis Cardinals in 2011-14 to have four consecutive N.L. Championship Series appearances?
3. When was the last time before the 2011-2012 NFL seasons (Baltimore and New England) that there was a back-to-back rematch in the AFC title game?
4. Long Island guard Jason Brickman, in 2014, became the fourth Division I player with 1,000 career assists. Name two of the first three to do it.
5. Since the 2000-01 NHL season, only two teams have won back-to-back Presidents' Trophies for being the best regular-season team. Name them.
6. Name the first American black female to win an Olympic gold medal.
7. Who was the last PGA golfer before Jordan Spieth in 2015 to go wire-to-wire in winning the Masters?

## ANSWERS

1. Arizona's Randy Johnson, in 2004. 2. The Atlanta Braves, 1991-99 (no post-season played in '94). 3. Denver and Cleveland, after the 1986 and '87 seasons. 4. Bobby Hurley (Duke), Chris Corchiani (N.C. State) and Ed Coia (North Carolina). 5. Vancouver (2011-2012) and Detroit (2004-2006, with 2005 season suspended due to lockout). 6. Alice Coachman in the high jump in 1948. 7. Ray Floyd, in 1976.

## September Fun Day At Rec Center

Register your children now for the upcoming Fun Day on Monday, September 14. The Fun Day will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Cost for members is \$25.25 per child, non-members are \$33 per child.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).\*

From page 34

## Swimmer's Shoulder

to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).\*

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## Local Attorneys Hersch, Hill Named To Super Lawyers List

Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, P.A. partners Craig R. Hersch and Michael B. Hill have been named to the Florida Super Lawyers list of top attorneys in Florida for 2015. No more than five percent of the attorneys in Florida are selected to the list.

Hersch is a Florida Bar Board Certified Wills, Trusts and Estates attorney and CPA. He is the creator of The Family Estate and Legacy Program, a unique process designed to transform his clients' legal, tax and financial concerns into a coordinated and understandable estate plan. Hersch has authored several articles appearing in a variety of professional journals and pens a weekly estate planning column for the *Island Sun*.

Hill concentrates his practice in estate and wealth preservation and business succession planning. He has extensive tax, legal and technology skills, enabling him to create unique plans to meet his clients' individual and family needs.

The selections for Super Lawyers are made by the research team at Super Lawyers, Thomson Reuters' rating service of lawyers from more than 70 practice areas who have attained a high-degree of peer recognition and professional achievement. The rigorous selection process is multi-phased and includes independent research, peer nominations and peer evaluations.

For more information, visit [www.sbslaw.com](http://www.sbslaw.com) or call 334-1141.✴



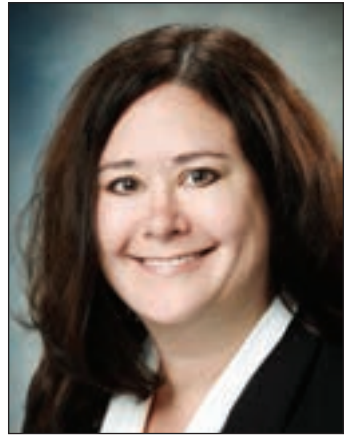
Craig R. Hersch

## Trust Company Recognizes Lane

The Sanibel Captiva Trust Company announced last week that Kristi Lane, assistant vice president – client services, successfully completed the Florida Bankers Association Graduate Trust & Wealth Management School. The two-year curriculum covers the administration of trusts and estates, including specialized topics affecting the trust and wealth management industry.

Lane currently provides client service and relationship management to private wealth clients as part of the operations team at The Sanibel Captiva Trust Company. She graduated cum laude from Hodges University with a B.S. degree in interdisciplinary studies and has over 15 years of professional administrative experience.

For more information, visit [www.sancaptrustco.com](http://www.sancaptrustco.com).✴



Kristi Lane

## St. Sauveur Joins Bank Staff

Robbie Roepstorff, president of Bank of the Islands, announced that Natacha St. Sauveur has joined the bank's staff as a teller.

"Natacha is a wonderful addition to our team and we are excited to have her with us. Her three years of banking and customer service experience are great background for serving our customers," said Bank of the Islands Sanibel-Captiva office manager Willy Ocasio. "It's been a pleasant surprise that, as a Sanibel resident, Natacha already knows many of our customers."

St. Sauveur has been a Florida resident for 28 years. Her interests include kayaking, snorkeling and volunteering with the Calusa Nature Center.✴



Natacha St. Sauveur



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**A CPA spends years preparing for moments just like these.**

From page 34

## Accessories

room come alive with pop and pizzazz. Frankly, a home without accessories is like food without seasonings!

Enjoy boating? Then why not add a few nautical accents to your room's overall design plan. Are antiques your thing? Then a few well placed vintage accent pieces might just do the trick. Are you in love with the great outdoors? How about adding a few rustic accents to show off your passion?

Acquiring accessories is truly a never-ending delight. Here are a few ideas that might help you incorporate your precious treasures into a creative accessory plan for your home:

- Small artistic objects – like framed photos – are most effective when arranged in odd numbered groups.
- Blocks of wood or old books can be used to achieve varying degrees of height to may your accessory display even more visually pleasing.
- Mix things up. It's not necessary for groupings to consist of similar elements. In fact, the more you vary you accessory accents, the more interesting your groupings become.

Above all, let your accessory imagination soar!

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coindecden.com](mailto:jeanie@coindecden.com).✴



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## Schaeffer To Address Sanibel Democratic Club

On Thursday, September 17, national political consultant Robert A. Schaeffer will address the Democratic Club of the Islands with the topic Building On The Obama Legacy: Opportunities For Dems In 2016. The meeting begins at 7 pm. at the Sanibel Public Library, 770 Dunlop Road, and is free and open to the public.

Schaeffer has served as Public Education Director of FairTest, the National Center for Fair and Open Testing, since its founding in 1985. Previously he was Editorial Writer at the NBC-TV affiliate in Boston, Research Director of Massachusetts Legislature's Joint Committee on Human Services and Elderly Affairs, and worked for several years as research associate at the Education Research Center of the Massachusetts Institute of Technology (MIT).

Recently, he served as a named Plaintiff in the Fair Districts Florida successful lawsuit, which resulted in the Florida Supreme Court ruling that eight of the Florida House Districts were drawn to favor Republican candidates and must be redrawn. The Florida Senate admitted their role in gerrymandering at least three of the Senate Districts and are also required to be redrawn.



**Robert A. Schaeffer**

Schaeffer's talk will feature the results of the newly drawn districts for both the Florida House and Senate, as well as prospects for Democrats' gaining seats not only in the Florida legislature, but in the U.S. Congress and Senate. He will also make projections regarding Democrats' prospects for holding on to the Presidency. A question and answer period will follow.

For information, contact demclubislands@gmail.com or call 395-9078.✱

## Andrew Thompson Co. Named Silver Sponsor For FISH 10K Race



From left, Jeff Tucker, Rachel Hoover, Sharon Tucker, Lisa Wright and Andy Tucker of the Andrew Thompson Company hold their 10K Race 4 FISH banner and return as silver sponsor

Andrew Thompson Company returns as a silver sponsor for the 7th annual 10K Race 4 FISH. The island's only foot race benefits FISH of SanCap, a non-profit organization dedicated to neighbors lending a helping hand to neighbors in need.

"Andrew Thompson Company was a first-time sponsor for the 6th annual race and we are delighted they are back this year," said Nancy Bender, race committee co-chair. "Their generosity assists FISH in providing valuable services to those in need, who live, work or visit our islands."

FISH positively impacts thousands of lives each year. From youth to senior citizens in need, the island-based organization provides assistance through various food

continued on page 41

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## Children's Charities Challenge Inspires Hundreds Of Donations



Golisano Children's Hospital under construction

**L**ee Memorial Health System Foundation thanks the 836 individuals, businesses and organizations who banded together to donate over \$1.3 million to meet the matching challenge issued by SWFL Children's Charities. All gifts support Golisano Children's Hospital of Southwest Florida's capital campaign.

This past May, SWFL Children's Charities committed to match each and every dollar donated to the capital campaign by July 31, up to a total of \$1.2 million. The organization sponsors the annual Southwest Florida Wine & Food Fest, donating proceeds to local charities with the lion's share directed to Golisano Children's Hospital.

"We're pleased our challenge encouraged other community members to donate over \$1.3 million to help build the new Golisano Children's Hospital," said Elaine Hawkins, president of SWFL Children's Charities. "For donors to come together in this way over the course of just 90 days is phenomenal and a testament to how important this project is to the children of Southwest Florida and their families."

Gifts made through the matching challenge support construction of a new state-of-the-art, 128-bed comprehensive pediatric hospital on the grounds of HealthPark Medical Center in south Fort Myers. The new facility will open in 2017.

"We are truly honored by the many individuals and trusts that rapidly stepped up to help us to meet SWFL Children's Charities' matching challenge," added Jim Nathan, president of Lee Memorial Health System. "We also thank SWFL Children's Charities for playing such a vital role in our journey to build America's newest children's hospital, for their help in generating new contributions to our capital campaign, and of course, for their past generous gifts well in excess of \$10 million."

Prior to the matching challenge, SWFL Children's Charities had already pledged \$10 million to help build the new Golisano Children's Hospital of Southwest Florida. The organization fulfilled that pledge in early May and issued the challenge at that time.

Community groups, businesses, and individuals wishing to make a capital campaign gift to help build the new Golisano Children's Hospital should visit [www.childrenshospitalgoal.org](http://www.childrenshospitalgoal.org) or contact Lee Memorial Health System Foundation at 343-6950.\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I had a very difficult break up a few months ago and I can't seem to get over my relationship. I would like to rekindle with this person. Any suggestions how to do this?

**A:** While a break up can be very painful (and sometimes a relief too) many couples decide to reunite, even remarry again. Whatever the issues were that led to the breakup to begin with, wanting your ex back may take a bit of work, time and patience.

There can be many reasons why someone would want an ex back. There was obviously some payoff in the relationship that would make you want another go-around. What was the payoff that makes you want this person in your life again? It may help to make a list of the pros and cons about the relationship before the break up occurred. What did you not like, like and love about it? Next,

ask yourself what you would you want differently if your ex did come back? What would your role and responsibility be and what would your partner's role and responsibility be? Are each of you willing to make positive changes and compromise? Repeating the same patterns could be a disaster and lead to a vicious repetitive and destructive cycle. Yet if you are both willing to work at shifting what did not work to what can work, (this will take good communication) along with getting some professional help, who is to say that you can't have a healthy productive relationship next time?

In the meantime as you are processing these factors and pondering why you would want your ex back, be sure to spend time on practicing the most extreme self-care of you. Whether that means dating and brushing up on activities you enjoy, then take the time to do this. If you do reunite, there will be work to do. If it doesn't manifest, then perhaps you are supposed to be with someone else who is meant to be in your highest good.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).\**

### Eden Energy Medicine

## Dry Skin, Mouth, Nasal Passages? Rub Large Intestine Points



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**I**f you know someone who has a tendency toward dry skin, or they just can't seem to "quench the thirst" and the mouth is always dry, or they are continually carrying eye drops with them for the dryness in the eyes, or perhaps have an ongoing issue with constipation, or maybe the continual need to use an ointment for the nasal passages – think large intestine. Why? Large intestine is associated with one of the 5 Rhythms: the Metal Rhythm. The Metal Rhythm also contains the lung meridian. Those 20 percent of the population that have a primary rhythm of metal can expect to have issues associated with dryness, skin, irritated or swollen eyes, sinus congestion, stuffy nose, swollen glands... do you see a pattern with these conditions? They are all about holding onto something and not letting go – that's characteristic of a person with a Metal Rhythm.

An easy solution to ease these conditions is to rub the Large Intestine 4 Acupoint (a major point on the LI meridian), which is located on the top of the hand in the webbing between the thumb and index finger. Place the index finger and thumb of the other hand over this web and begin gently circling the area, which is likely feeling quite fibrous, continuing until the density of the area dissipates. It is likely very tender and may take days to enable the area to soften. This creates an environment where moisture can then penetrate the body, making space and thus reducing the ongoing dryness.

Another Acupoint on the LI meridian that will bring relief to congestion and dryness is LI 20, the last point on the meridian. Since the meridians run on both side of the body, rub with gradually increasing pressure on each side of the nostril where the nostril connects to the cheek area.

As you learn to go to these two points regularly, expect to see relief from the dryness, plus they also soothe the digestive system, alleviating gas, diarrhea and constipation. This will not happen overnight, but by incorporating it into your routine, expect to see shifts.

Have fun with your energy! Next week's topic is Digestive Problems? Learn How To Overcome Stomach Upset.

*If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.\**

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dearRPharmacist

## Three Foods To Avoid If You Snore



by Suzy Cohen, RPh

**D**ear Pharmacist: Do you know someone that snores all night? Don't let snoring ruin your relationship or cause sleep deprivation. Snoring may be controllable.

What about your sweet child? How many earaches has he or she been medicated for? I sadly wonder how many children have undergone tonsillectomies due to repeated infections? Maybe those kids could have kept their tonsils and just went off foods that are known to trigger the problem, as well as earaches, respiratory infections and asthma.

Studies point to food allergies or sensitivities as one underlying cause of snoring and a common complication of ear aches for children.

Researchers have tested the theory of food allergies causing something called "adenotonsillar hypertrophy," or ATH. That is the medical term for enlarged adenoids, and adenoids are patches of

lymph tissue near the tonsils in the upper airway.

Adenoids and tonsils are part of the immune system and protect against germs that we swallow or breathe in. From birth to age six, these tissues grow as the immune system develops. They slowly shrink unless there problems. Instead of shrinking, adenoids swell up in response to food allergies, the top three offenders being milk, eggs and cod.

Complications of ATH include chronic ear infections, ear pain, stuffy nose, swollen glands in the neck, snoring and respiratory infections. Children and adults are usually offered antibiotics for these conditions, which almost makes sense unless you find out that the person has a chronic problem, they eat common food allergens or they lack a positive culture.

ATH may be behind the snoring and obstructive sleep apnea. Recent research found allergic inflammation within the glands and tonsils are provoking the swollen tissue. The allergic inflammation was IgG or Type III, which is a delayed response to foods. Basically, the "delayed" immune complexes show up after about three hours, but could take up to two weeks to develop the full allergic response!

Can you test for IgG, IgE or IgA immunoglobulins? Yes you can. It's pretty easy and I will share these special tests in the longer version of this article; just sign up for my free newsletter at [suzycohen.com](http://suzycohen.com)

This is a big deal. The current method

of testing can give you false negatives, a false sense of comfort and worse, a negative result when you are truly positive.

Food intolerances must be identified properly and eliminated to fully relieve the allergic inflammation and swollen tissue. If you deal with chronic snoring, sleep apnea, swollen tonsils or enlarged adenoids you need to tease out the underlying cause. Immune boosting supplements can be helpful, however, nothing you take negates the damage done by food sensitivities. The offending foods have to be removed. The intestinal permeability has to be repaired. The adenoids and tonsils will eventually shank and your breathing will improve, both day and night.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## ISLAND SUN BUSINESS NEWSMAKERS



Brooke Brownyard



Pat Moore

## Top Producers

Brooke Brownyard was the top producing associate at Premier Sotheby's International Realty for the month of August. Pat Moore was the top listing associate. ✱

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

I am fed up being treated as if I am an inconvenience at my medical center. I would leave in a flash, but no one else around here takes Medicare. I am not a nuisance, having been there only once in a year.

I called and – after going through all of the hoops on their telephone system – I finally reached a "live one." She asked my name and birth date and then asked "Why do you want to see the doctor... what's wrong with you?" The earliest appointment was in six weeks, and then she said, "If you're not satisfied, call 9-1-1 or go to the hospital emergency."

It is bad enough being old, but being

abused along with it is getting hard to take. Is it like this where you live?

Doris

### Dear Doris,

Medical care is an industry, a very complex industry. To stay in business, medical practices need more revenue coming in than expenses going out. Unfortunately, the strategies for reducing expenses include reducing the number of support staff, using technology (i.e. phone routing systems) to increase productivity, minimum education requirements for staff and increasing the number of patients seen per day. What all of this seems to mean to patients is that we have become "work units," "tasks" and to some office staff, "interruptions" in their productivity.

To the credit of some offices I have found, the physicians and support staff have found a way to practice medicine and run a business in a way that does not forget the patient. I hope you can find a similar office.

Pryce

### Dear Doris,

Exactly the same – this seems to be the way modern medical offices are going. No longer will physicians know your name or even care because it is only a business. However, some people do have physicians who care, will call on the phone and run their offices the old fashioned way.

My husband goes out of state and has a team of physicians who are wonderful and it is no wonder Johns Hopkins has been rated number one for patient care for about the last 20 years.

Lizzie

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱

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# My Stars ★★★★★

FOR WEEK OF SEPTEMBER 14, 2015

**ARIES** (March 21 to April 19) Careful, Lamb. Taking on too many tasks at one time can cause you to create more snarls each time you try to work your way through the tangled mass. Best to handle one job at a time.

**TAURUS** (April 20 to May 20) Making bold moves is what Bovines do. But the best moves are made with lots of data to provide backup just in case you charge into an unexpected complication. A new relationship shows promise.

**GEMINI** (May 21 to June 20) Sharing credit for a job well done is easy for you to do, but not necessarily for your partner. But fair is fair. Don't let yourself be denied the right to have your contributions recognized.

**CANCER** (June 21 to July 22) Communication is important to help bridge a gap that can lead to problems at home and/or at the workplace. Find a way to get your points across before the breach becomes a chasm.

**LEO** (July 23 to August 22) Relationships, whether business or personal, need to be watched carefully for signs of trouble. Any negative indications should be dealt with before they become too burdensome.

**VIRGO** (August 23 to September 22) Congratulations. A more positive aspect highlights much of the Virgo's week. You should find others more receptive to your suggestions, and also more likely to act on them.

**LIBRA** (September 23 to October 22) All work and little play could wear the Libra's usually positive attitude down. Take some much-needed time off. Perhaps a short jaunt with someone special is the way to go.

**SCORPIO** (October 23 to November 21) This is a good time to expand your view from the known to the unfamiliar. Confronting new situations could be challenging, but ultimately also could be extremely satisfying.

**SAGITTARIUS** (November 22 to December 21) Giving advice to those who just want validation for what they're doing can be unsettling. So back off and save your counsel for those who really appreciate it.

**CAPRICORN** (December 22 to January 19) Cultivating a more positive attitude not only makes you feel better about yourself, but also has an upbeat effect on those around you, especially that certain someone.

**AQUARIUS** (January 20 to February 18) Keeping the lines of communication open and accessible is the key to establishing the right foundation on which to build an important and meaningful relationship. Stay with it.

**PISCES** (February 19 to March 20) Before agreeing to act on a request, consider using your perceptive Piscean talents to see what might lie hidden beneath its surface and could possibly cause problems later on.

**BORN THIS WEEK:** You're a friend who, if you err at all, does so on the side of concern for those you care about.

## THIS WEEK IN HISTORY

- On Sept. 16, 1620, the Mayflower sails from Plymouth, England, bound for the New World. Along the way, the settlers formulated and signed the Mayflower Compact, establishing constitutional law and the rule of the majority, an important precursor to American democracy.

- On Sept. 17, 1796, George Washington prepares a final draft of his

presidential farewell address, officially announcing that he will step down as the nation's first president. Rarely, if ever, in the history of Western civilization had a national leader voluntarily relinquished his title.

- On Sept. 15, 1916, during the Battle of the Somme, the British launch a major offensive against the Germans, employing tanks for the first time in history. Some of the 40 or so primitive tanks advanced more than a mile into enemy lines.

- On Sept. 20, 1946, the inaugural Cannes Film Festival opens in the resort city on the French Riviera. The outbreak of World War II had forced the cancellation of the inaugural Cannes festival in 1939.

- On Sept. 19, 1957, the United States detonates a 1.7 kiloton nuclear weapon in an underground tunnel 65 miles north of Las Vegas. The test was the first fully contained underground detonation and produced no radioactive fallout.

- On Sept. 18, 1960, Fidel Castro arrives in New York City as the head of the Cuban delegation to the United Nations. Castro's visit was climaxed by his four-hour speech, a blistering attack on American "aggression" and "imperialism." In January 1961, the U.S. severed diplomatic relations with Cuba.

- On Sept. 14, 1975, Elizabeth Ann Seton is canonized by Pope Paul VI at the Vatican in Rome, becoming the first American-born Catholic saint. In 1797, Seton founded the Society for the Relief of Poor Widows with Small Children in New York.

## STRANGE BUT TRUE

- It's not known who made the following sage observation: "I can picture a world without war, a world without hate. And I can picture us attacking that world,

because they'd never expect it."

- Dom Perignon -- he of champagne fame -- was a Benedictine monk.

- Now that school is back in session, those who had the summer off might be suffering from dysania -- finding it difficult to get out of bed in the morning. Some of us, of course, experience dysania year-round.

- If you're one of those parents who has to be careful walking around the house barefoot, you probably will not be surprised to learn that the LEGO company makes more than 3,500 different pieces in more than 60 colors.

- Weddings in Sweden are not for the jealous type. In that country, tradition states that if the bride leaves the room, all the men line up to kiss her. What's good for the goose is good for the gander, though -- if the groom leaves, all the women are supposed to get in line to demonstrate their affection. I imagine very few exes are invited to Swedish weddings.

- British writer Lewis Carroll -- best known for his book "Alice's Adventures in Wonderland" -- invented the idea of the dust jacket for books.

- Those who study such things say that a parakeet would rather look at itself than at another parakeet. In a test, the birds were placed in cages side-by-side, then one was removed and a mirror put in its place. The parakeet that was left spent quadruple the time looking at its reflection as it did looking at its companion.

## THOUGHT FOR THE DAY

"This is the final test of a gentleman: his respect for those who can be of no possible service to him." -- William Lyon Phelps

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From page 37

## Silver Sponsor

programs and social services. Eighty-six percent of its 2014 operating budget was used for client programming and the Walk-In Center recently moved into a spacious new home, 2340 Periwinkle Way, to better serve clients.

"While providing high-quality corporate-logoed products has been and will be at the heart of our family business," said ATC's Sharon Tucker. "Working with non-profits to assist them in raising funds to help all kinds of two-legged and four-legged critters is the heart-warming part of our business."

ATC works with several non-profit organizations and other businesses providing products with original artwork from several well-known local and regional artists. It gives these groups the opportunity to offer product for marketing, retailing or fund-raising that is not available anywhere else while featuring artwork created specifically for them.

Runners receive a backpack-style bag filled with goodies donated by select race sponsors – one goody is a water bottle sporting the Hortoon race logo donated by ATC. Runners also receive a T-shirt featuring the Hortoon race logo, as well as a medallion. Registration is open and packets are available for download at fishofsancap.org.

The 10K Race 4 FISH will be held on Saturday, October 17, with the start-finish line at The Community House, 2173 Periwinkle Way.

There are a variety of sponsorship slots available – Gold, Silver, Bronze or Friend. For Gold to Bronze, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all banners and printed race materials. Friend sponsors will be included on all banners and race materials.

Anyone who is interested in becoming a race sponsor should contact Nancy or Pete Bender at benderlaw@juno.com or 472-5220. The deadline is September 15.✱

## ISLAND SUN BUSINESS NEWSMAKERS



Nancy Finch



Harrell, Tolp & Albright



LeAne Suarez

## Top Producers

John Naumann & Associates announced their top associates for the month of August. The top listing agent was Nancy Finch and the top listing team was the Harrell, Tolp & Albright Team.

In addition, the top sales agent was LeAne Taylor Suarez and the top team was the Berning-Colter Team.✱



Bob Berning



Ken Colter

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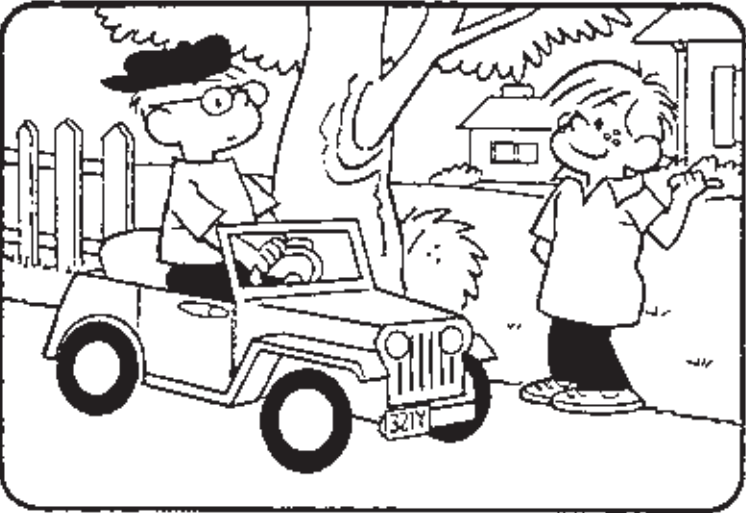
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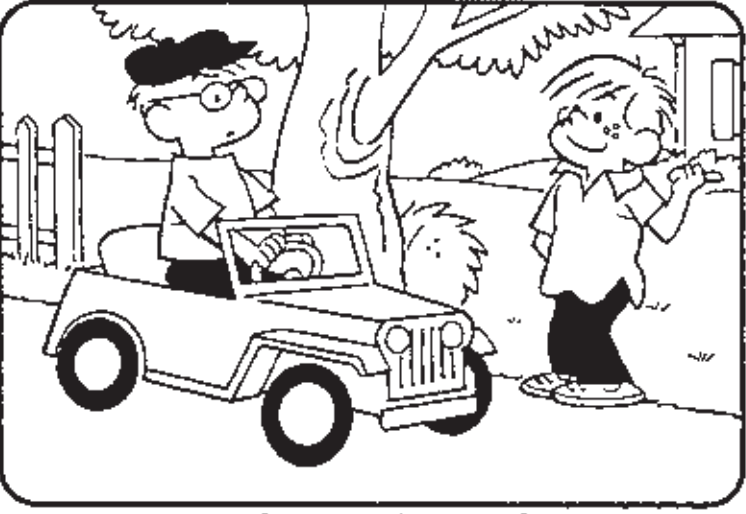


HOCUS-FOCUS

BY  
HENRY BOLTIHOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Fence is shorter. 2. Cap is reversed. 3. Car door is missing. 4. House is missing. 5. License plate is missing. 6. Suit is different.

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Gander

CANGLE

Grudge

PESTI

Lesson

CREDATT

Esteem

SPECTRE

**TODAY'S WORD**

answer on page 43

2					5			6
		4	1				3	
	8			7		4		
	7		8	5		9		
3					7			4
		6		9			1	
9					2			1
		3		4			7	
	2		9			5		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 43

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# PUZZLE ANSWERS

## SUPER CROSSWORD

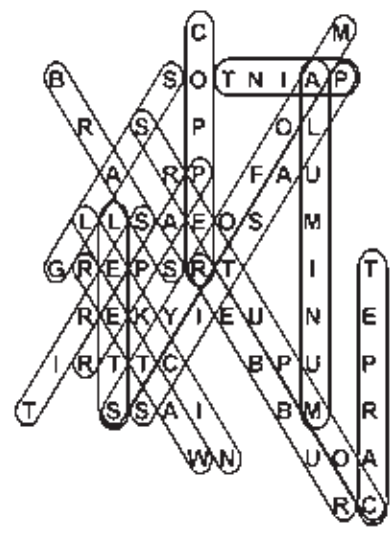
FROM WINDS BIG BAT EDGAR  
 LEN AEPO AT FRESH PROLE  
 IVS WHEN MY SILKY HA RED  
 PET CAT GOT NAOMI VENI  
 PLAN AS FARAS FETTERED  
 HENNA ALAD CI  
 ODD LOST WHAT IS THE NAME  
 NIB IN SEAMS CPA ASTON  
 ENYA ETAT SI IF UHI  
 WAS EELY TINKERED  
 OF THE ORGANIZATION  
 DRUMMOYD CKEN RAN  
 RUT T EGS EMMA SIPS  
 ENDUPATE MAROONS NAW  
 IGOT IN CONTACT WITH ANI  
 TSA TUNE ABRAM  
 FINE ARTS BARISTA ARMS  
 ONOR C-AFE T-EBUREAU  
 OF MISS NGPERS ANS AHI  
 TRANS ETHANE FRED RAT  
 SARGE FAINTS TYRA STS

## KING CROSSWORD

BEAD FIR CORE  
 ARROGATE ORAL  
 HAMMERED HECK  
 ALE EBOOKS  
 PLAIT BEAR  
 HORN HAMSTER  
 ICE SORES TEA  
 HAMMOND SUNS  
 AUKS SMITH  
 SMARTS ATE  
 MERV HAMILTON  
 FRIF OVERTONE  
 WEAL TEN STEW

## MAGIC MAZE

### MATERIALS RECYCLED



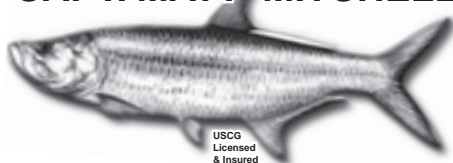
## SUDOKU

2	3	7	4	8	5	1	9	6
5	6	4	1	2	9	7	3	8
1	8	9	3	7	6	4	2	5
4	7	1	8	5	3	9	6	2
3	9	2	6	1	7	8	5	4
8	5	6	2	9	4	3	1	7
9	4	5	7	3	2	6	8	1
6	1	3	5	4	8	2	7	9
7	2	8	9	6	1	5	4	3

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Beachview Country Club Estates	Sanibel	2004	2,224	\$999,000	\$915,000	177
Cedar Glen	Bonita Springs	2000	2,793	\$825,000	\$760,000	141
Cape Coral	Cape Coral	1964	2,187	\$709,000	\$712,000	43
St. Moritz	Miromar Lakes	2004	2,733	\$669,000	\$640,000	74
Cape Coral	Cape Coral	1998	3,420	\$649,900	\$630,000	279
Gumbo Limbo	Sanibel	1983	2,434	\$649,000	\$585,000	94
Edison Park	Fort Myers	2005	3,362	\$598,000	\$560,000	74
The Vines	Fort Myers	1997	3,334	\$530,000	\$527,000	295
Cape Coral	Cape Coral	2001	2,143	\$525,000	\$525,000	2

Courtesy of Royal Shell Real Estate



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\*NS 9/4 CC TFN

## LEGAL NOTICE

### NOTICE OF FILING PETITION FOR DIVORCE

To WEBBS C. BELVAL:

Pursuant to an *Order for Publication* signed  
by the Honorable Brian J. Amero on the 9th  
day of July 2015, you are hereby notified  
that a *Petition for Divorce* has been filed  
in the Superior Court of Henry County,  
Georgia, Case No. SU-CV-0821-BA, on  
March 13, 2015 a *Petition* which seeks to  
obtain a divorce from you.

You may obtain a copy of this *Petition*  
from the Clerk of Superior Court of  
Henry County, One Courthouse Square,  
McDonough, Georgia 30253,  
770-288-8022.

After you review the *Petition*, you must file  
your written answer and objections to the  
*Petition* with the Clerk of Superior Court.  
You must also serve a copy of your answer  
upon the Petitioner, whose address is as  
follows: Barbara Exil, 1255 Labonte Pkwy,  
McDonough, GA 30253.

Your answer must be made within sixty  
(60) days of the *Order for Service by  
Publication*.

Signed this June day of 15, 2015 by  
Barbara A. Harrison, CLERK, Superior  
Court of Henry County, Georgia  
\*NR 9/11 CC 10/2

## VEHICLES FOR SALE

### GOLF CART FOR SALE



Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*NS 7/17 BM TFN

## LIVE ON THE ISLANDS

The **Jacaranda** has live  
entertainment on Monday with  
Renata, playing funk, jazz and  
contemporary. On Tuesday, it's Sir  
Mitch, playing classic rock, R&B  
and dance. Wednesday is Barbara  
Dexter, playing contemporary, old-  
ies and current hits. Thursday is  
Eric Malibu, playing contemporary,  
reggae and dance.

**The Mucky Duck** on Andy  
Rosse Lane, Captiva features  
music by Gary Earle on Thursday  
and Friday. Gene Federico plays  
on Saturday. Gary Earle plays  
Sunday; Mark Dupuy plays on  
Monday; Perry English plays on  
Tuesday; and Gene Federico plays  
on Wednesday.

**Sea Breeze Café at Sundial  
Beach Resort & Spa** has island  
style live entertainment on Mon-  
days from 5:30 to 8:30 p.m.

**Traditions on the Beach at  
Island Inn** has live music Friday  
and Saturday with Joe McCormick  
and Marvilla Marzan, playing R&B,  
jazz and pop. Woody Brubaker  
performs on Wednesday. Joe  
McCormick and Marvilla Marzan  
play on Thursday.

**The Island Cow** on Periwinkle  
Way has live entertainment on Fri-  
day with Gene Federico. Jay Helt  
plays on Saturday. Dan Confrey  
plays on Sunday.

**RC Otter's** on Andy Rosse  
Lane, Captiva, has live music daily  
with dining inside and out.

*Restaurant owners/managers,  
please email or fax any changes  
to your entertainment schedule to  
press@islandsunnews.com or 395-  
2299.\**

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

To advertise in the  
*Island Sun*  
Call 395-1213

### Shore Fishing: Don't Harm The Fish by Capt. Matt Mitchell

**L**anding a big fish from the  
beach can be hard on the fish.  
Dragging a fish up onto the  
sand if you're going to release it is  
not an option as it usually damages  
or kills the fish.

- Hold the fish in the water while  
you unhook it if you're going to  
release it.
- The less you can touch a fish  
before release the better for the  
fish.
- If you want a picture with the

fish, support it as you lift it out of  
the water – and do it quickly.

- Before releasing, revive the  
fish while holding it in the water;  
moving it slowly back and forth so  
water goes over its gills. The fish  
will let you know when it's ready to  
swim off.

- Florida just recently changed  
the regulations on fishing from  
shore. Florida residents as well as  
out of state visitors need a fishing  
license to fish from shore.

## Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



**SANIBEL BICYCLE CLUB**



Pets Of The Week

Hello, my name is Peebs. I'm a 2-year-old spayed female American Staffordshire terrier. I've been at the shelter for six months so I really, really hope someone sees this and gives me my forever home. I'm sweet and sassy with a zest for life. I've got charm, beauty and eyes that will melt your heart. I love to play and swim so if you love to have fun, you'll love me!

My adoption fee is \$10 (regularly \$75) during Animal Services' Fall In Love adoption promotion.

Hello, my name is Captain. I'm a 4-month-old neutered male domestic short-hair. I have a spunky little personality you're sure to love. You'll never be bored around me - I can entertain you for hours or just keep myself busy. My foster mom thinks I'm the "cat's pajamas." I don't know what that means, but I think it's good!

My adoption fee is \$10 (regularly \$75) during Animal Services' Fall In Love adoption promotion. Cats and kittens are also two-for-one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Peebs ID# 613632



Captain ID# 624074

PAWS Of Sanibel

Lana

PAWS of Sanibel is desperately searching for a foster or forever home for beautiful Lana. She is the momma kitty trapped a couple weeks ago on West Gulf Drive. She is about one year old, combo tested, spayed and immunized. If you can help in any way, contact Pam at PAWS of Sanibel at 472-4823.\*



Lana

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

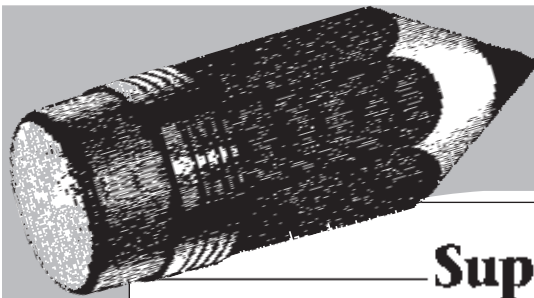
Island Sun  
NEWSPAPER  
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	472-4258
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 43

## Super Crossword

**FELINE  
FINDER**

### ACROSS

- 1 To's counterpart  
4 Nukes and the like  
8 Ball club's leading hitter  
14 Writer — Lee Masters  
19 Canto of "Sweeney Todd"  
20 Prefix with sol or space  
21 From scratch  
22 Society peon  
23 OR hookups  
24 Start of a riddle  
27 Riddle, part 2  
29 Mode — Campbell  
30 Caesar's "I came"  
31 Architect's drawing  
32 To the extent that  
35 In chains  
37 Reddish orange dye  
39 Gilbert and Sullivan's "When I Was —"  
41 LI times two  
42 Like 1, 3 or 5  
43 Riddle, part 3  
53 Bal point tip  
54 Pants length measures

- 55 1040F7 pro  
56 Martin (car make)  
57 "Exit" New Age singer  
59 State, in Neco  
60 It spins to let people in  
62 Geller of mentalism  
63 Pas'  
65 Slippery like a fish  
68 Layed (with)  
71 Riddle, part 4  
75 "Different Siroxes" family name  
77 Flow pullers  
78 Hustled  
79 Long groove  
80 Model Cheryl  
82 Address Thompson  
85 Taste tests  
89 Result  
92 Gobbled  
93 Leaves stranded  
96 Backwoods 'uh uh'  
97 End of the riddle  
100 Punk/folk singer  
101 Org. with bag  
102 Ditty

- 103 President Garfield's middle name  
105 Architecture, painting, etc.  
110 Coffee shop worker  
115 Hugging pair about  
116 (close to)  
117 Hub down  
119 Start of the riddle's answer  
121 End of the riddle's answer  
125 Pacific tuna  
126 Part of TWA  
127 Gas in crude petroleum  
128 Lyncist Ebb  
129 Squeal  
130 Troop's drill leader  
131 Passes out  
132 Banks on many covers  
133 Holy ones: Abbr.

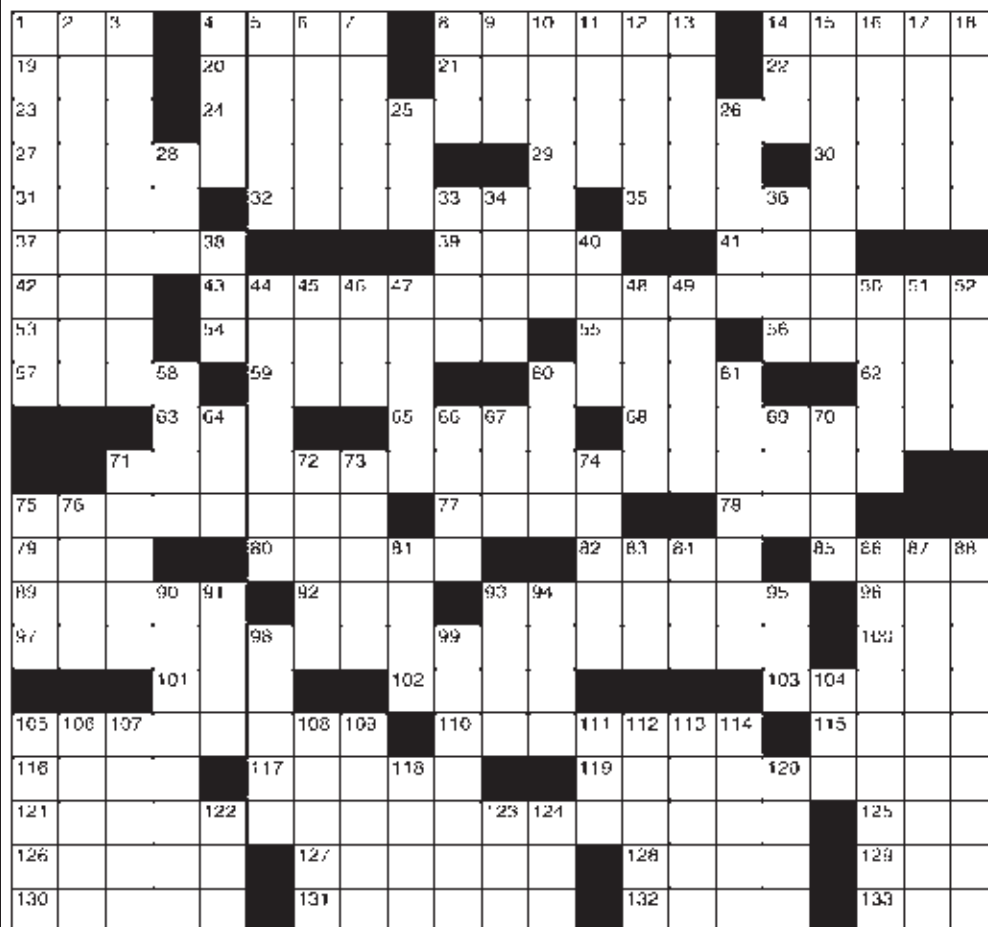
### DOWN

- 1 Motorola Razr, e.g.  
2 Relished  
3 Waiting in the wings  
4 Baba — (Rudner role)  
5 Conductor Zubin

- 6 Barrel scrapings  
7 "— F ubber" (film sequel)  
8 Wolf's howl  
9 Uncertainties  
10 Shows a smile to  
11 Dracula  
12 Player Lugosi  
13 Herb of the mint family  
14 ODI banning gp.  
15 Movie house alternatives  
16 One impaling  
17 Coeur d'Alene  
18 Overhauled completely  
25 NYC bus org.  
26 Obstacle  
28 "Anderson Cooper 360" aired  
33 Chicago mayor Emanuel  
34 "Oh, wool"  
36 — knot (finish facing up)  
38 He fought Foreman  
40 Webster's, e.g., Abbr.

- 44 Not recurring  
45 Fast, of retired in '03  
46 No-calorie drink  
47 No-calorie drink  
48 Pointy-eared, stocky dog  
49 Actress Shire  
50 Take — for the better  
51 Additional  
52 Oklahoma city  
58 Like most car radios  
60 New Year's song word  
61 Race hopeful  
64 Bread-ited dispenser  
66 Braggarts' problems  
67 Not careful  
69 Rondo or Rio  
70 Millennium  
71 One-up  
72 '40s computer  
73 " — Baby Joe"  
74 Slow to react  
75 Three, in Berlin  
76 Ladder piece  
81 British re low  
83 Do the lawn  
84 Me, in Patee  
86 Behind on payments

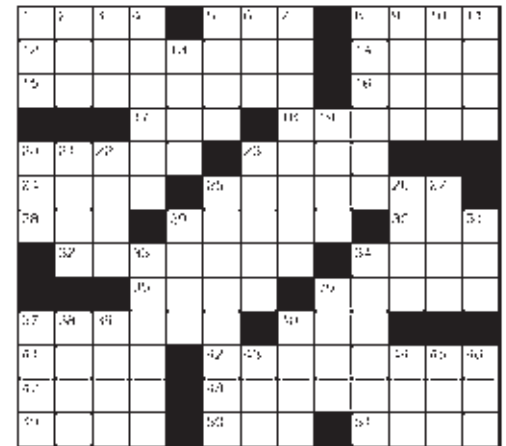
- 87 Jipjapa-leaf headwear  
88 B kinis, e.g.  
90 Pronouncing  
91 Tuscan city  
93 "Every — king"  
94 PC brand  
95 " — Na Na"  
98 Bust officers  
99 Bundt cake vessel  
104 Beer offerer  
105 Pays, as the bill  
108 Start for rest or structure  
107 S x-line A-I-Star  
108 Robber  
109 Annual toy later  
111 "Every dog has — day"  
112 Reposition  
113 Crying  
114 A Capp's "Lil" guy  
118 J preceders  
120 Aubr.  
122 Seattle-to-L.A. dir.  
123 Suffix with exist or insist  
124 Scale steps



## King Crossword

### ACROSS

- 1 Rosary component  
5 Evergreen  
8 Apple's center  
12 Make undue claims  
14 By word of mouth  
15 Drunk, in slang  
16 "Damn!"  
17 Brewery product  
18 They're read on a Kindle  
20 Braid  
23 Bruin  
24 Antler  
25 Pet rodent, often  
28 "Rocks"  
29 Sensitive spots  
30 Mid-afternoon social  
32 Darrell of "SNL"  
34 Catches some rays  
35 Arctic diving birds  
36 Jones' "Men in Black" co-star  
37 Hurts  
40 Devoured  
41 TV legend Griffin  
42 First Treasury



- Secretary  
47 Great Lake  
48 Secondary quality  
49 Well-being  
50 Bill with a portrait of  
42-Across  
51 Leftovers recipe  
7 Cashed in  
8 Companion  
9 Sandwich cookie  
10 — and pation  
11 BPOF members  
13 Hanukkah gift  
19 Low voice  
20 — Beta Kappa  
21 Ness, for one  
22 Geometry calculation  
23 Farm structures  
25 Basketball tactic  
26 Needle case  
27 Landlord's due  
29 Pornography  
31 Fire residue  
33 Wonder  
34 Works in a refinery  
36 Use a teaspoon  
37 Old World duck  
38 Unembellished  
39 Melody  
40 "So be it"  
43 Act  
44 Youngster  
45 Individual  
46 Fresh

### DOWN

- 1 "Phooey!"  
2 Historic period  
3 Upper limb  
4 Realm  
5 Bus rider's expense  
6 Resident (Suff.)

## MAGIC MAZE ● MATERIALS RECYCLED

L Q N K H E B C Y V S P M M J  
H E B B Y V S O T N I A P T Q  
O L I R G S D P B Y O L W T R  
P M K I A F R P D F A U B Y W  
U S Q L I S A E O S O M M K I  
F D G R E P S R T B Z I X T W  
U S Q R E K Y I E U O N N E L  
J H I R T T C D F B P U D P C  
A I Y W S S A I V T B M S R Q  
P N L K I E H W N F E U O A C  
B Z Y W L V U S R Q P N R C M

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Aluminum  
Brass  
Carpet  
Computers

Copper  
Glass  
Nickel  
Paint

Paper  
Plastics  
Rubber  
Steel

Styrofoam  
Tires  
Water



# DOC FORD'S

## RUM BAR & GRILLE

**AWARD  
WINNING**  
Flavors From The  
Caribbean Rim!



### Sanibel Island



975 Rabbit Rd.  
Sanibel Island, FL 33957  
239.472.8311

### Ft. Myers Beach



708 Fisherman's Wharf.  
Ft. Myers Beach, FL 33931  
239.765.9660

### Captiva Island



South Seas Island Resort  
Captiva Island FL 33924  
239.312.4275



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**Lee County's  
Newest Waterfront  
Restaurant!**



Waterfront • Live Music • Happy Hour